

# PRIMARY – SPECIALTY CARE 2014 RETREAT

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*improving the primary-specialty care interface in the  
San Francisco safety net: past, present and future*

# Introductions

- Please sit next to someone you don't know or don't see on a regular basis
- **30 seconds** to introduce yourself
  - Name and title/organization
  - How long you've worked in/with the SF safety net
  - What your most commonly used nickname is, if you have one



# Agenda

- Background: why focus on specialty care?
- Establishing the foundation: eReferral
- Catalyzing collaboration: PC-SC workgroups
- Developing systems: ambulatory integration
- Future directions
- Q & A, Discussion

# Why focus on specialty care?

- Specialty visits comprise than 50% of all ambulatory visits
- For patients <65, 1/3 patients referred to specialist/year
- For patients  $\geq 65$  average of 2 referrals per person per year
- On average, for every 100 Medicare patients a PCP takes care of, s/he has to interact with 99 other physicians in 53 different practices
- Lack of timely specialty care can result in adverse outcomes, unnecessary ED visits and hospitalizations, and potentially higher health care costs

# Specialty Care Access in Safety Net

The New York Times

U.S.

WORLD U.S. N.Y. / REGION BUSINESS TECHNOLOGY SCIENCE HEALTH SPORTS OPINION

## SPECIALTY Monitoring Have Adequate

In five diverse  
pharmaceutical

by Suzanne Felt

**ABSTRACT:** The safety net  
residents are vulnerable  
their capacity have  
capacity was strained  
cult, while primary  
themselves for care  
providers focused on

## Access To Specialty Medical Services Health Centers

Lack of access to specialty  
CHCs than previously thought

by Nakela L. Cook, LeRoi S.  
Edward Guadagnoli, and Br

**ABSTRACT:** Although community  
the medically underserved and poor  
to poorer outcomes among under-  
cialty health services for patients  
tors of all federally qualified CHCs  
uninsured patients had greater diffi-  
cluding referrals and diagnostic tests  
vate insurance. [*Health Affairs* 26,

## Medicaid Growth Could Aggravate Doctor Shortage



Emily Berl for The New York Times

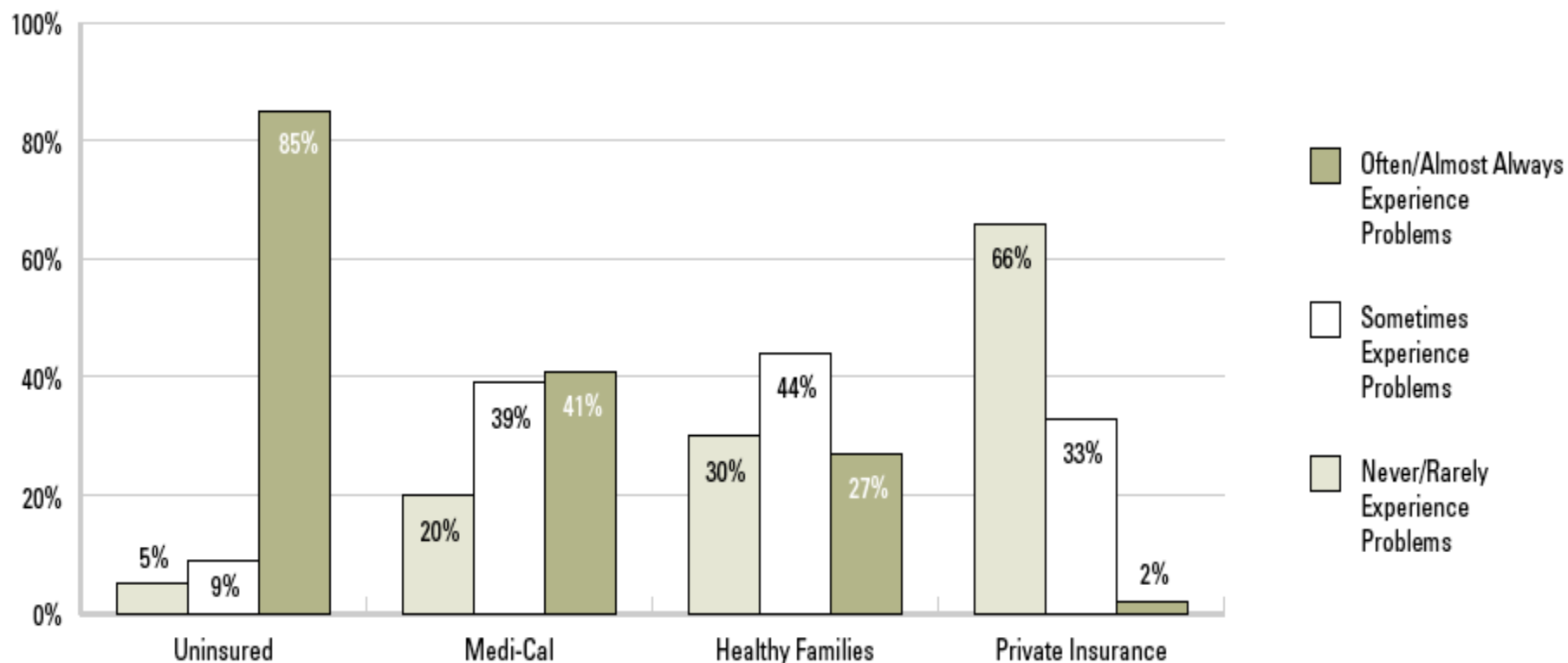
Dr. Ted Mazer, an ear, nose and throat specialist in San Diego who treats people on Medicaid, with Oresta Johnson.

By ABBY GOODNOUGH

Published: November 28, 2013

# Specialty Care Access in Safety Net

Figure 1. Percent of Medical Directors Reporting Patients Experiencing Problems Obtaining Specialty Care



102,000 enrollees  
51% receive  
specialty care  
through SFHN



11 independent  
primary care clinics  
105,000 primary  
care patients



123,500 patients/clients\*  
28% L, 23% As, 23% W, 17% B

14 primary care health centers  
70,000 primary care patients

comprehensive ambulatory  
specialty and diagnostic services  
332,000 visits in 2012-2013



\*FY 12-13 includes COPC, SFGH, LHH, CBHS

patient photos courtesy of Rachel Gepner

Year	Specialty Care Initiatives	SFDPH Primary Care	SFCCC	SFHP	Health Reform
2005	eConsult in GI	CCLC – 1 <sup>st</sup> Diabetes Collaborative	Healthcare for the Homeless Ryan White Part C		
2006		Auto-assignment to PC clinic	CPCA AQICC	<b>Funded eReferral spread</b>	
2007	eReferral spread	Empanelment to PCC + PCP			HSF
		i2iTracks initiated, KP PHASE Grant I SF Safety Net Quarterly Team Meetings			
2008	<b>KP Specialty Planning Grant</b>			SLIM Network	
2009	<b>KP Specialty Care Initiative Grant I</b>	KP PHASE Grant II	EHR Implementation KP PHASE Grant II	Strength in Numbers	HITECH
2010		All adult clinics using i2i Tracks	Electronic HCH & HIV Audit	PIP; Patient Experience Collaborative	ACA
2011	<b>KP Specialty Care Initiative Grant II</b>	KP Grant DataWall KP PHASE GRANT III	Empanelment PCMH	SPD transition	Medicaid Waiver
		San Francisco Quality Culture Series Tides Health Home Grant			
2012	Telehealth initiatives	“Year of the Team” CMMI Proposal Submitted		CareSupport Program	
2013	<b>CHCF eReferral Grant</b>	“Year of the Nurse” Nursing Leadership Academy	<b>BSCF SNI Grant</b>	<b>Specialty Performance Improvement Program</b>	Covered California
2014	<b>Integrated Healthcare Delivery System for SF’s Safety Net</b>				



# eREFERRAL

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leveraging technology to connect clinicians

# State of PC-SC interface circa 2005

- Paper, telephone, and fax based referral system
- Clerical process of first referred, first scheduled
- Significant inefficiencies
  - referral to wrong clinic
  - unnecessary referrals
  - premature referrals
  - inability to discern referral question
  - lack of equitable triage
- Wait times up to 11 mo

COMMUNITY HEALTH NETWORK OF SAN FRANCISCO  
 OUTPATIENT CONSULTATION REQUEST

CONSULT APPT. DATE: NOV-13 APPT. TIME: 9:30 am # 25022100431 11/01/06

DATE REFERRED: 11/1/06 PATIENT PHONE: 415 308-2445 VALADAO, ROSA M. GENERAL MEDICINE CLINIC

TO: (Clinic or Consultant) General Surgery (ASAP) Location/Svc. 0 SFGHMC, 1001 Potrero, San Francisco

REFERRING PROVIDER (print) R. Kelley SIGN: [Signature] Location/Svc. 01681 CHN # 262407 PHONE 415 2407 FAX 415 2407

REFERRING ATTENDING (if different) (print) Sach, Natalie SIGN: [Signature] Location/Svc. 01681 CHN # 262407 PHONE 415 2407 FAX 415 2407

PRIMARY PROVIDER (if different from Referring Provider) (print) Rosa Valdao Location/Svc. 01681 CHN # 262407 PHONE 415 2407 FAX 415 2407

Reason for Consultation: 57yo ♂ w/ metastatic colorectal CA, cecal lesion, recurrent pain, intussusception on CT 10/1/06. Pls eval for palliative resection for recurrent partial obstruction by mass. **ASAP.**

REASON FOR CONSULTATION: (Include pertinent history, physical laboratory findings, medications) (See LCR progress notes, date(s))

REFERRED FOR OPINION  TREATMENT/PROCEDURES  REF. REQUESTED BY: PC PHN: 415 2407 FAX 415 2407 (LCR NO. OF VISITS REQUESTED: 01/02 '02 '03 '04 '05 '06 '07 '08 '09 '10) P. 1

URGENT (within 48 hrs)  NOT URGENT  PLEASE CALL PRIMARY PROVIDER AND ME (IF NOT PRIM. PROV.) IF ANY  PROCEDURES  SURGERY OR  ADMISSION PLANNED

CONSULTANT'S REPORT: DATE SEEN: NOV 13 2006 FINDINGS/ASSESSMENT AND PLAN: TRAILIMA

PH: S/S of obstruction of colon, likely = cecal mass. med: Codion 4 mg.

RE: cecal mass expansion, fullness of colon, intussusception

ATTN: S/S of obstruction of LOA, resection SB/cecal lesion f.

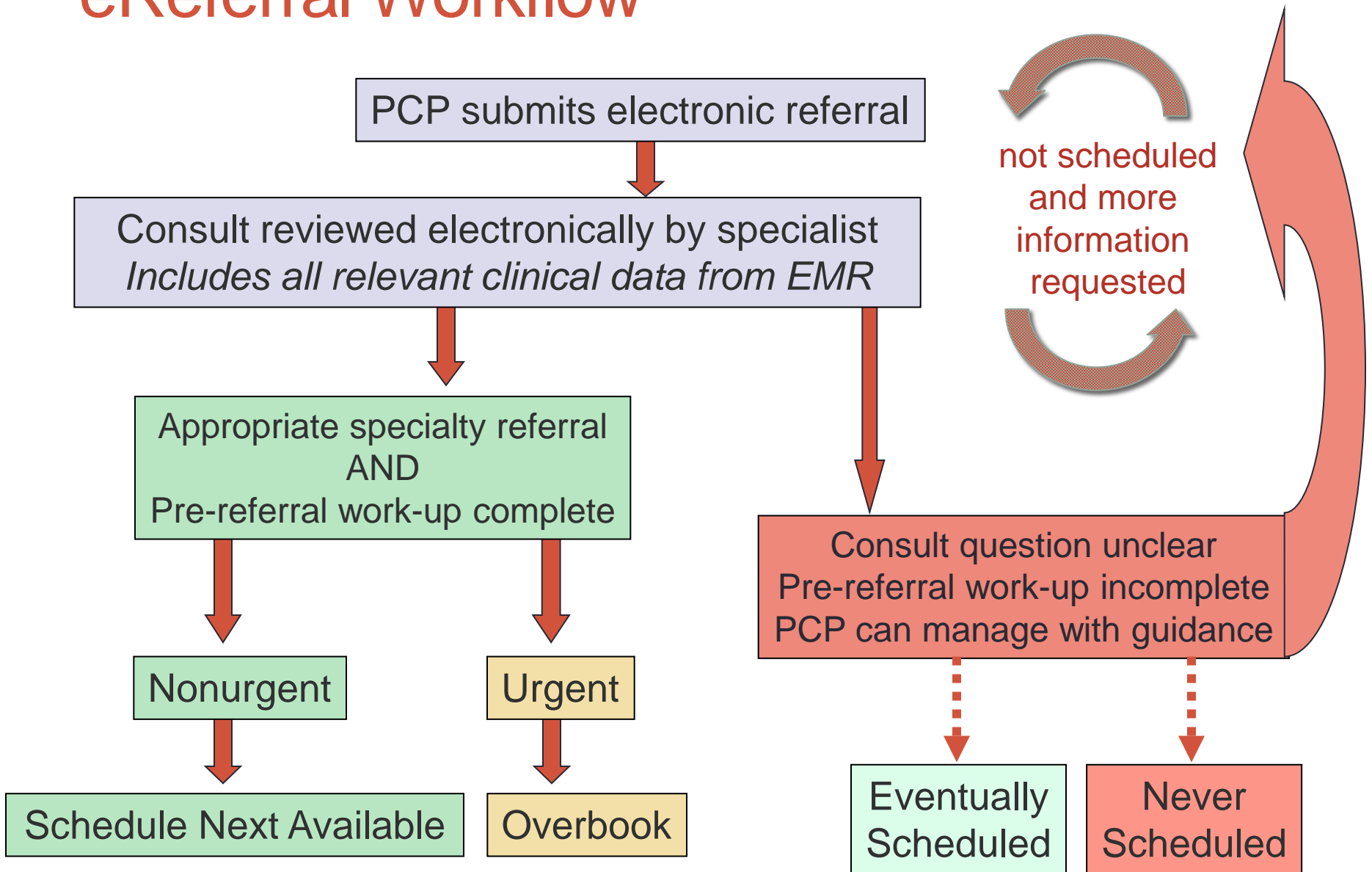
DATE INFORMATION SENT TO REFERRING/PRIMARY PROVIDER: NOV 13 2006 BY: PHONE: 415 2407 FAX: 415 2407

Consultant: complete form; file original in patient's chart; return copy to referring provider or primary provider by fax.

White Copy - Referring Provider • Yellow Copy - Clinic Use • Pink Copy - Patient

5771019, F710A (Rev. 07/04)

# eReferral Workflow



**PCP initiates referral request**

July 2011-June 2012  
27,604 new submissions

**Specialist reviews**

Appropriate and complete consults  
60%  
(16,466)

Consult inappropriate or incomplete or clinic visit not needed  
40%  
(11,138)

**Scheduled**  
need to be seen in clinic

**Not initially scheduled**  
specialist responds to request more information and/or make recommendations

50%  
(13,783)

10%  
(2,683)

Iterative communication as needed

PCP provides information, initial evaluation complete, visit needed

No appointment 6 months after last exchange

20%  
(5,641)

20%  
(5,397)

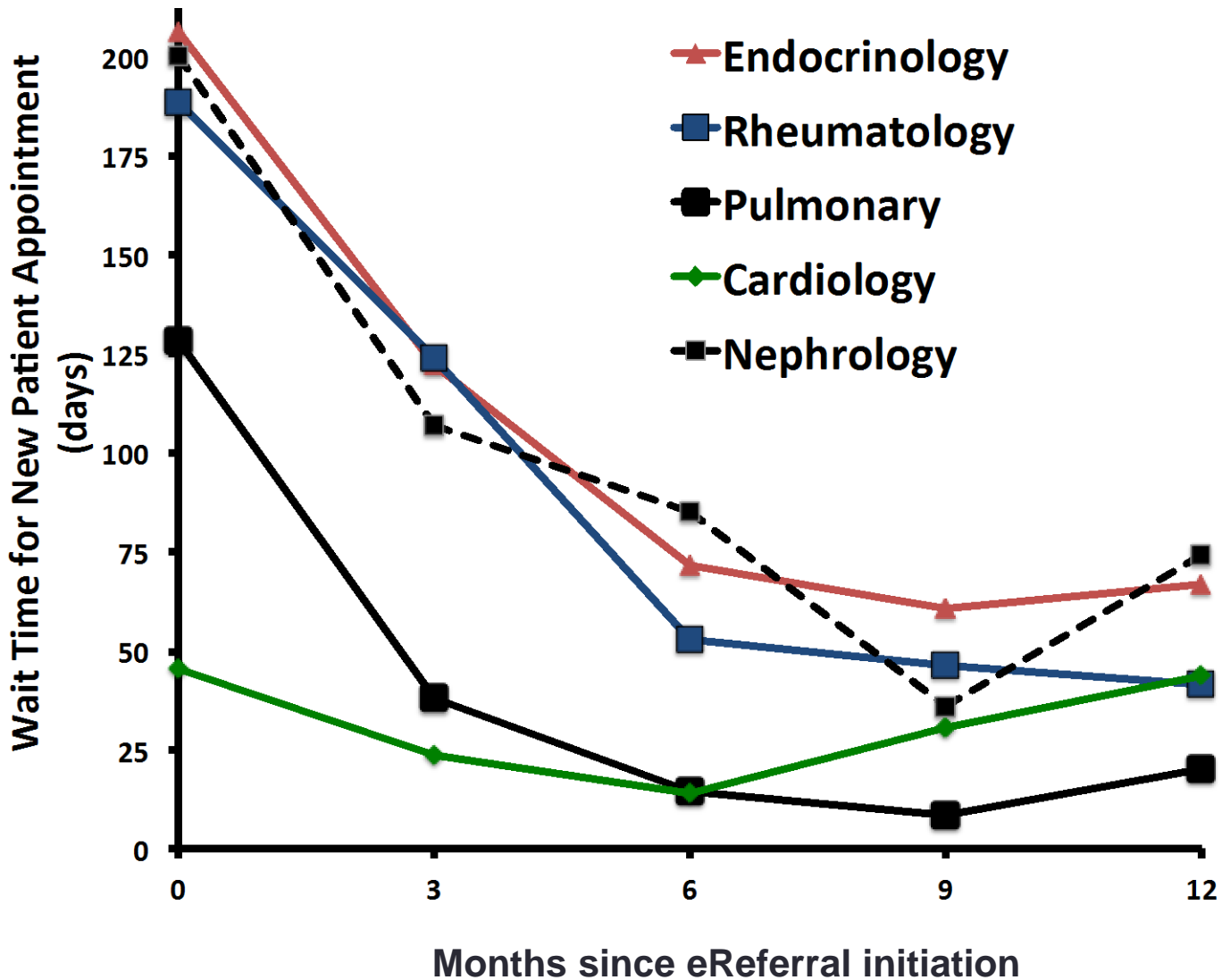
**Scheduled**

**Never Scheduled**

Non-urgent  
**routine**  
appointment

Urgent  
**overbook**  
appointment

# eReferral impact on wait times



# SFGH Adult Portal

Welcome to the eReferral site, which has been developed to handle appointment requests from Community Health Network (CHN) and CHN-affiliated providers for outpatient specialty consultations. Routine consultation requests for the below clinics will no longer be accepted by hardcopy, facsimile, or phone. Please follow the steps outlined below in submitting your referral request.

Begin by selecting an eReferral type for: [PRECIVALE](#), [GOLDIE](#)

## Medical Specialty Clinics

TB Clinic **New!!**  
Allergy Adult Clinic  
Cardiology Clinic  
Chest Specialty Service  
Diabetes Services  
Endocrinology Clinic  
Gastroenterology Clinic  
Geriatrics Clinic  
Hematology Clinic  
Liver Clinic  
Neurology Clinic  
Oncology Service  
Renal Clinic  
Rheumatology Clinic

## Womens Health Specialty Clinics

5M Breast Evaluation and Referral Clinic  
Gynecology Clinics  
Obstetric Clinics

## Other Programs

Anticoagulation FHC (No Review)  
1M Anticoagulation Clinic (No Review)  
Financial Fitness Clinic (No Review)  
Comprehensive Pharmacy Care  
Wellness Center (No Review)  
Transgender Health Services  
Health At Home  
Psychosocial Medicine  
Respite Program  
Stop Smoking Program (No Review)

## Surgical Specialty Clinics

Anesthesia PreOp Clinic (No Review)  
Cardiothoracic Surgery Service  
3M Breast Surgery Clinic  
Otolaryngology-Head and Neck Surgery Clinic (ENT)  
General Surgery Clinic  
Neurosurgery Clinic  
Concussion eScheduling (No Review)  
Ophthalmology/Optomety eScheduling (No Review)  
Orthopaedic Surgery Clinic  
Plastic Surgery Clinic  
Podiatry Clinic  
Urology Clinic  
Vascular Surgery  
Vasectomy Service at FHC (No Review)  
Interventional Radiology (No Review)

## Diagnostic Services

Audiology eScheduling (No Review)  
Echocardiography Clinic (No Review)  
EEG Service (No Review)  
Ambulatory ECG Monitoring (No Review)  
Treadmill Exercise Testing (ETT) (No Review)  
Thoracentesis Service (No Review)  
Sleep Study  
Radiology CT Service  
Radiology Fluoroscopy  
Radiology Mammo Screening Service (No Review)  
Radiology Breast Diagnostic Service **New!!**  
Radiology MRI Service  
Radiology Ultrasound Service

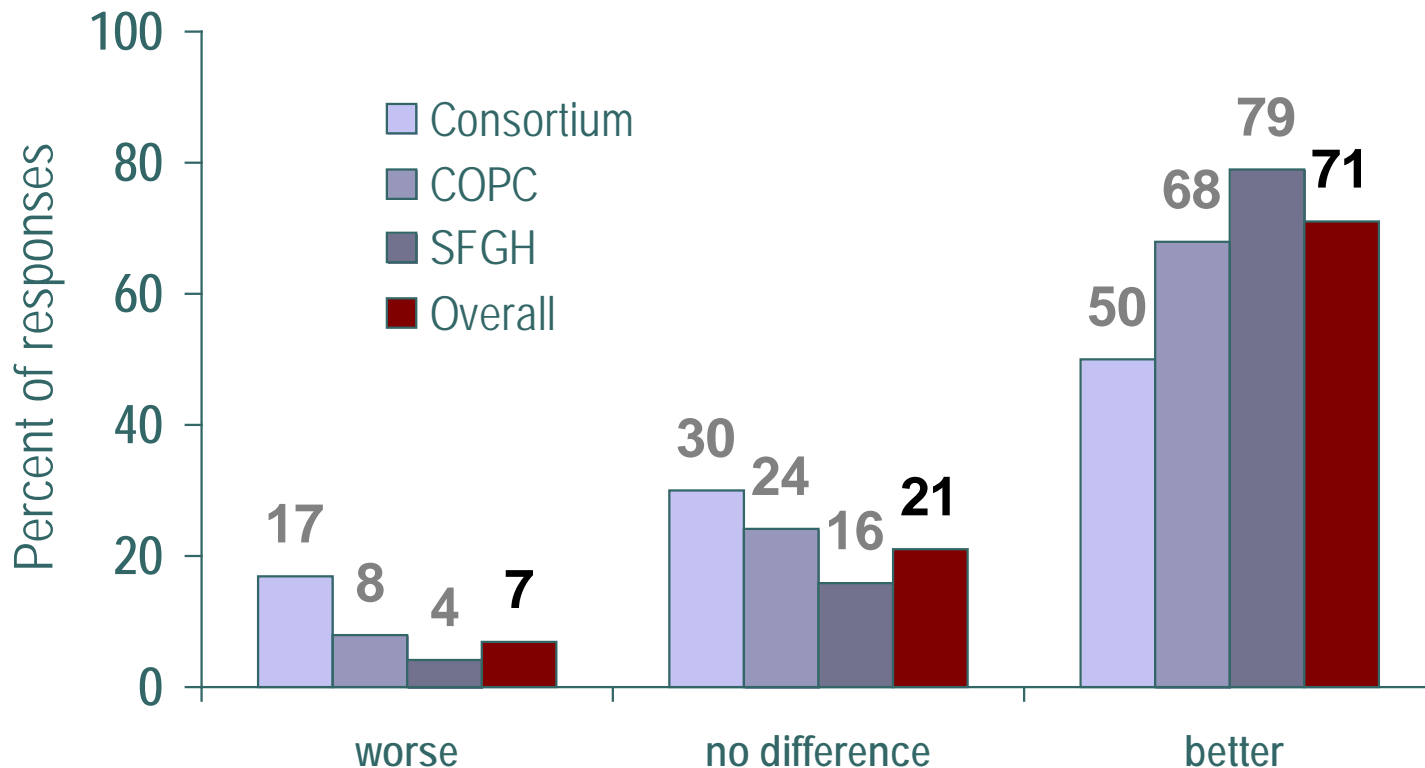
## Rehabilitation Services

Occupational Therapy **New!!**  
Physical Therapy **New!!**  
Speech Language Pathology **New!!**

# Primary care satisfaction with eReferral

Overall, how has eReferral changed clinical care for your patients?

81% response rate (298 of 368)



# Bidirectional feedback for improvement

**survey** SFGH·UCSF

**Your Reason for Consult:**  
Please evaluate my patient

**Reviewer Response:**  
7/2/2012 3:24:10 PM entered by alice chen  
Can you provide more information?

Not appropriate for survey

Does this referral have a clear consultative reason for referral?

Yes  No

On a scale of 1 to 5, please rate the **QUALITY** of the history provided. Please consider qualities such as the sufficiency and conciseness of the information provided. (1=lowest quality to 5=highest quality)

★ ★ ★ ★ ★

On a scale of 1 to 5, how **APPROPRIATE** was the pre-referral evaluation/work-up (e.g. appropriate laboratory and radiological studies ordered)? (1=incomplete/excessive to 5=appropriate)

★ ★ ★ ★ ★

Click here if you think this referral would have been more appropriately managed by a page to the on-call fellow (i.e. urgent patient safety issue).

Click here if you think that the referring provider should have been able to manage this patient without specialty guidance.

Submit

**eReferral** SFGH·UCSF  
**survey**

**Specialists Reviewer's Response**  
7/2/2012 3:24:10 PM entered by alice chen  
Can you provide more information?

**Your Reason for Consultation**  
Please evaluate my patient

On a scale of 1 to 5, how **HELPFUL** was this response in guiding the evaluation or ongoing management of the patient? (1=not at all helpful to 5=extremely helpful)

★ ★ ★ ★ ★

On a scale of 1 to 5, how would you rate the **EDUCATIONAL VALUE** of the specialist reviewer's response? (1=no education value to 5=high educational value)

★ ★ ★ ★ ★

To what extent do you agree with the specialist reviewer's decision to not schedule an appointment at this time? (1=completely disagree to 5=completely agree)

★ ★ ★ ★ ★

Submit Cancel



# Systems support

## SAN FRANCISCO HEALTH NETWORK AMBULATORY SERVICES

Improving system communication

Diagnostics & Pharmacy | Medical Subspecialties | Primary Care | Supportive Services | Surgical Specialties  
Urgent & ED Care | Home



### eReferral for Specialty Consultation



eReferral is an integrated referral and consultation program developed by UCSF/SFGH for San Francisco's safety net system. The goal of eReferral is to provide referring providers prompt access to specialty expertise and to optimize the use of scarce specialty resources. Each referral is reviewed by a specialist clinician (MD or NP) who may:

- Schedule a routine or expedited clinic visit
- Ask for clarification or additional information
- Recommend additional diagnostic evaluation before scheduling a clinic visit or
- Provide education and management without a visit

You can submit an eReferral by going into the patient's LCR/Invision record and selecting "eReferral" from the left-hand menu. **Please note that the eReferral communication between referring provider and specialist reviewers is part of the patient's official medical record.**

If your patient is **not** scheduled for an appointment, you will receive an email notification alerting you to check the reviewer's response. **As the referring provider, you are expected to read and respond to the specialist reviewer's response in a timely fashion.** The decision regarding whether a patient is scheduled in clinic is a mutual decision between the specialist reviewer and the referring provider based on discussion of the patient's case via eReferral.

New to eReferral or want an overview?

[Referring provider video](#) (11 minutes)

[Specialist reviewer video](#) (12 minutes)

Learn more about eReferral [here](#).

For questions or comments, please contact Tekeshe Mekonnen, MS eReferral Program Manager at (415) 206-5309 or [MekonnenT@medsfgh.ucsf.edu](mailto:MekonnenT@medsfgh.ucsf.edu).

Sign Up to Receive Latest News Emails

#### Search

Type in and hit enter to search

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#### Latest News

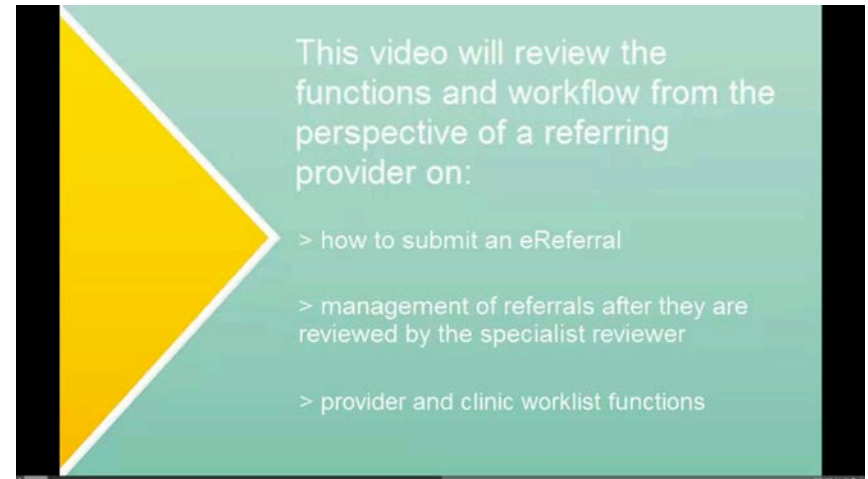
- Musculoskeletal Education Course for Primary Care Providers 2014 April 17, 2014
- Join us for JM Surgery Clinic and Radiology's Report Out - 4/18 @ 9am April 17, 2014
- Additional Info - ANTHEM BLUE CROSS MEDICAL PHARMACY NETWORK CHANGE April 17, 2014
- Let's Meet the Community Wellness Program April 14, 2014
- Changes to Pharmacy Options for Blue Cross Medi-Cal Managed Care April 10, 2014

#### Categories

CareLinkSF  
Classes  
Contact Lists  
Guidelines  
Immunizations  
Laboratory  
LCR  
LEAN  
Let's Meet  
Medication Information  
New Hospital  
Patient Fees  
Pregnancy  
Referrals  
Schedule  
Strike  
Surgery  
Training  
Uncategorized  
Urgent Care  
Wellness

#### Archives

April 2014



# PRIMARY-SPECIALTY CARE WORKGROUPS

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engaging PCPs and specialists in joint problem solving

# KP Specialty Care Initiative 2008-2012

## BSCF Safety Net Integration 2013

- **Goal:** to improve primary-specialty interface through collaborative problem solving

- **Workgroups**

Endocrinology

Gastroenterology

Nephrology

Obstetrics/gynecology

Orthopaedic Surgery

Pulmonary

Urology

- **Representation**

COPC primary care

SFGH primary care

SFCCC primary care

Specialty services

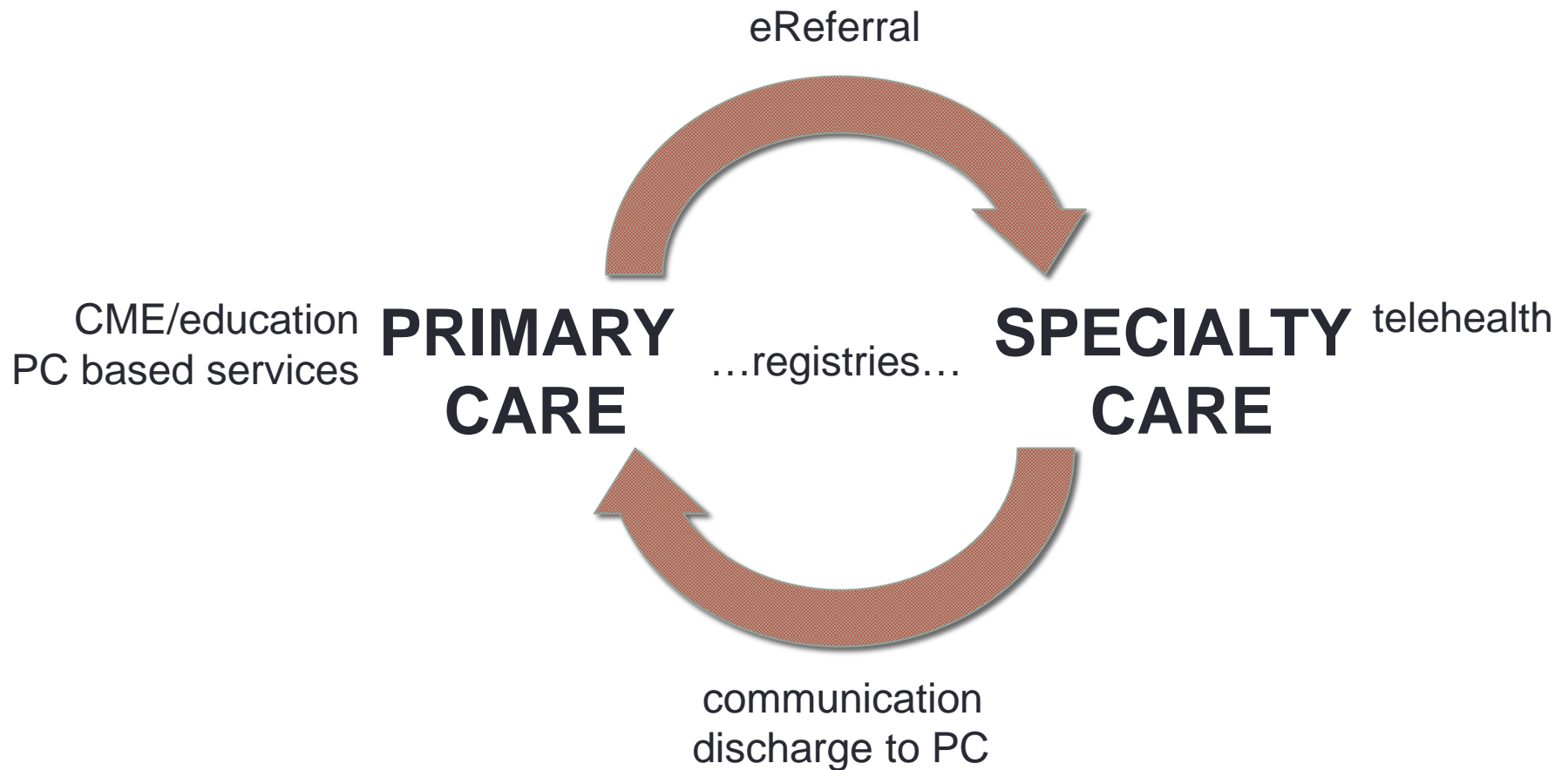
- **Objectives**

improved communication

improved access

improved co-management

# Managing supply-demand mismatch



# Closing the loop: specialty notes

ORTHO BLUE  
**PROGRESS RECORD**  
 DATE: JAN 06 2013 TIME: \_\_\_\_\_  
 REFERRAL SOURCE (CHECK ONE): HOSPITAL  EMERGENCY DEPT  WALK-IN  OTHER (SPECIFY):

Do you have pain?  No  Yes  
 (If yes, continue)

Location	Intensity (0-10)	Pattern (IC)
R Hip	9-10	C

Provider notified / aware?  No  Yes  
 Pain Ed handout given?  No  Yes  
 (I = intermittent, C = constant)

**WHAT PROBLEMS WERE CONSIDERED?**

NUMBER	PROBLEM	TIME ELAPSED SINCE ONSET
1	R hip	

RESPONSIBLE ATTENDING: *Mark Morris, M.D., M.P.H., HTN*

SUBJECTIVE (SYMPTOMS): *Hq no 07 is the warehouse employee, graded out @ R hip p-  
 Denies trauma & p- prior to 2011, losing balance. Last before Dec. Met with them  
 regarding the seizure (SS). Difficulty arising from toilet. His person done. Has been seen 2x.*

OBJECTIVE  
 PHYSICAL FINDINGS: *Able to stand.*

*R hip ext to 30°, int to 20°; stands w/ hip @ 20° ✓.  
 Gait - limp.*

RADIOLOGY: *xp hips show R BPD (of head & acetabulum),  
 possible AVN.*

ASSESSMENT: *Hq no 07 who take 1 med use, HTN, hypochloremia,  
 has R hip BPD → appropriate ambulation of demonstrating 1 yr sobriety.*

PLAN:  
 TREATMENT GIVEN TODAY: *Start 1 yr random drug testing prod of sobriety AATP*

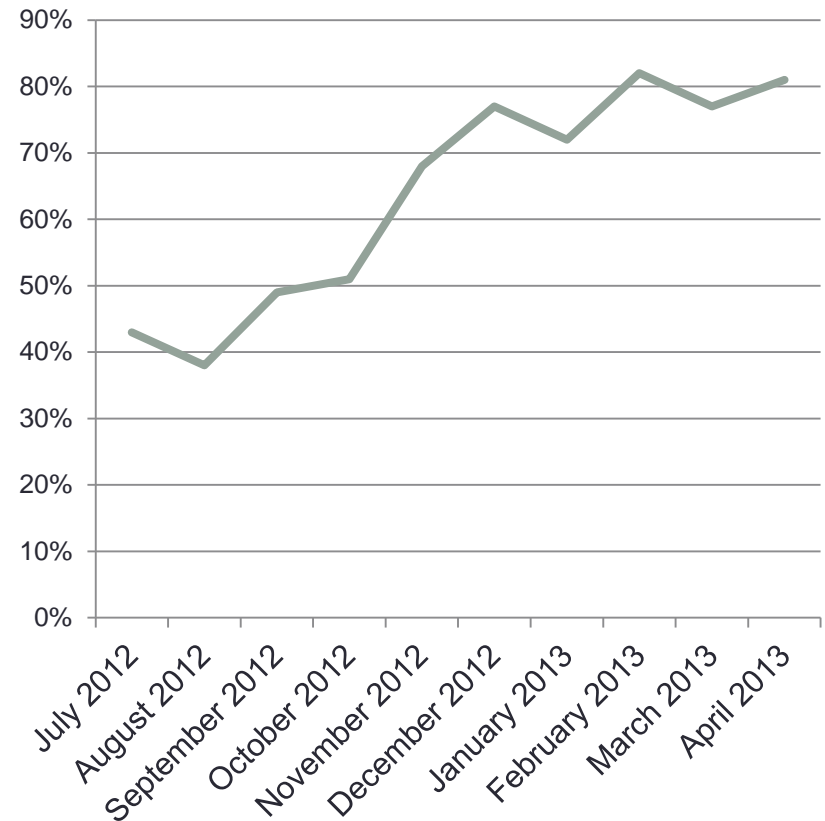
MEDICATION: *Percocet 10/325 2wks ago. Norcoas bromed (hydrocodone), ASA  
 Naproxen 10mg / 1 tablet take 4-5 days.*

NEXT CLINIC VISIT: *Monday joint clinic if don't have restriction  
 UC Davis - after move in February.*

X-RAYS ETC.: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

WORK CAPABILITY NOW: \_\_\_\_\_ REGULAR  LIGHT  NONE   
 RESTRICTIONS: \_\_\_\_\_  
*Cheryl M.*

## Orthopaedic Surgery Clinic Dictation of Clinic Notes



# Closing the loop: specialty notes

## Assessment Domain

- Reason for consultation clearly specified
- A&P focuses on reason for consultation
- Differential diagnosis provided

## Plan Domain

- Rationale for diagnostic plan
- Rationale for therapeutic plan

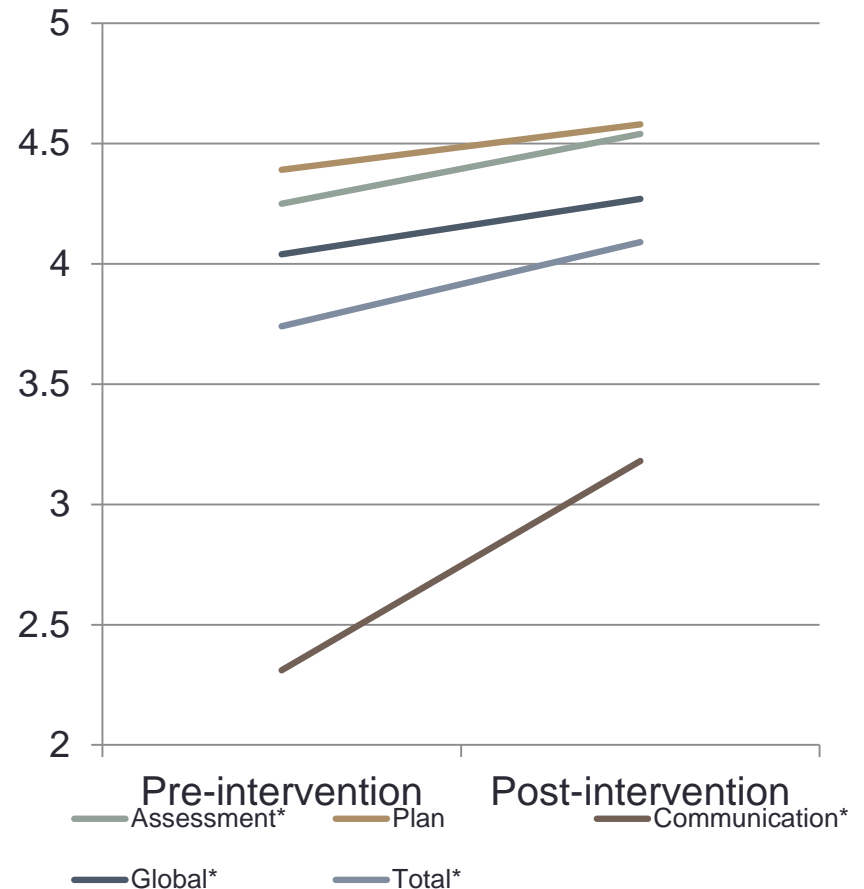
## Communication Domain

- Responsibility for labs/studies
- Responsibility for medications
- Urgency of planned procedures
- Follow-up clearly specified
- Anticipatory guidance given
- Bulleted recommendation format

## Global Quality

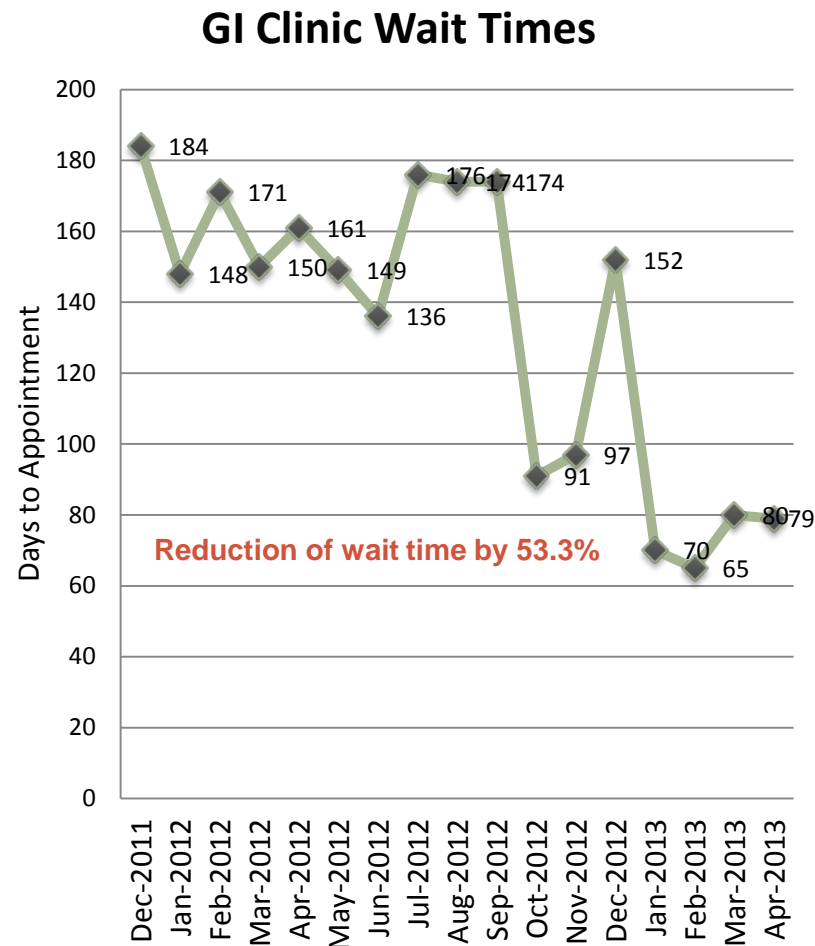
- "This note clearly conveys information I would want as the referring provider"
- "This is a high-quality consultation note"
- "This note was easy to read"

## GI Clinic Quality of Clinic Notes



# Discharging patients to primary care

- Delphi process
- Historically post-procedure patients scheduled for follow up – 1200-1500 slots annually
- Develop and implement “discharge criteria” for post-endoscopy patients who could safely be discharged to PC



# Discharging patients to primary care

## Nephrology eCW “transfer of care” template

### Current Medications

Taking Benazepril HCl 10 MG Tablet 1 tablet Once a day  
 Taking BuPROPion HCl 100 MG Tablet 1 tablet two times a day (1 tab in the morning, 1 tab in mid-afternoon)  
 Taking Ferrous Fumarate 325 (106 Fe) MG Tablet Take 1 tablet once a day, Notes: not taking  
 Taking Gabapentin 300 MG Capsule 1 capsule Three times a day, Notes: doesn't think she is taking  
 Taking Hydrocortisone 1 % Cream Use twice daily to vulva X 1 week, then once daily X 1 week, then as needed

### Reason for Appointment

1. FUR.041213/1YR.FU.PER.DT

### Assessments & Plan

1. Chronic kidney disease, Stage II (mild) - 585.2 (Primary)  
 2. Proteinuria - 791.0

\*\*\*\*\*

Proteinuria: most likely represents early FSGS secondary to obesity. Ddx also includes IgA nephropathy (though less likely as she does not have any evidence of hematuria).

### Preventive Medicine

-- Renal Transfer of Care --

Given patient's stability, she will be transferred back to primary care. We will not reschedule another renal clinic appointment at this time. If any questions/concerns arise, please don't hesitate to contact me (Delphine Tuot) by email or the renal clinic at 206.4777. I am happy to see her back in clinic if we can contribute to her care.

Below are some recommendations:

- \* Proteinuria: please try to minimize albuminuria to < 300mg/g if possible. You can titrate up the Benazepril as high as 40mg BID to achieve this effect, being mindful of her normal/low BP. At her next visit, I recommend increasing Benazepril to 20mg daily and then checking her K/Cr two weeks later. I tolerate an increase in creatinine of 15% and K as high as 5.5. Please check urine alb/cr ratio a few months later to see effect. If ratio is still > 300mg/g, please titrate Benazepril up by 10mg daily.
- \* Metabolic bone disease: Please check serum calcium, phosphorous, Vit D, and parathyroid hormone (PTH) yearly; if 25-OH Vit D is < 30, please replete with Ergocalciferol 50,000 units weekly x8 and then continue cholecalciferol 1,000-2,000 units daily.

### Follow Up

prn

### LAB:UICR0ALBUWHNCREATININEKATUOLURINE

ALBUMIN, URINARY QUANT.	170.6	H	(<11) - mg/L
URINARY ALB,CREA RATIO	438.6	H	(<30) - mg/g
CREATININE,URINE	38.9		- mg/dL

Notes : This lab was reviewed by Delphine Tuot on 04/15/2014 at 09:55 AM PDT

### Preventive Medicine

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Given patient's stability, she will be transferred back to primary care. We will not reschedule another renal clinic appointment at this time. If any questions/concerns arise, please don't hesitate to contact me (Delphine Tuot) by email or the renal clinic at 206.4777. I am happy to see her back in clinic if we can contribute to her care.

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### Follow Up

prn

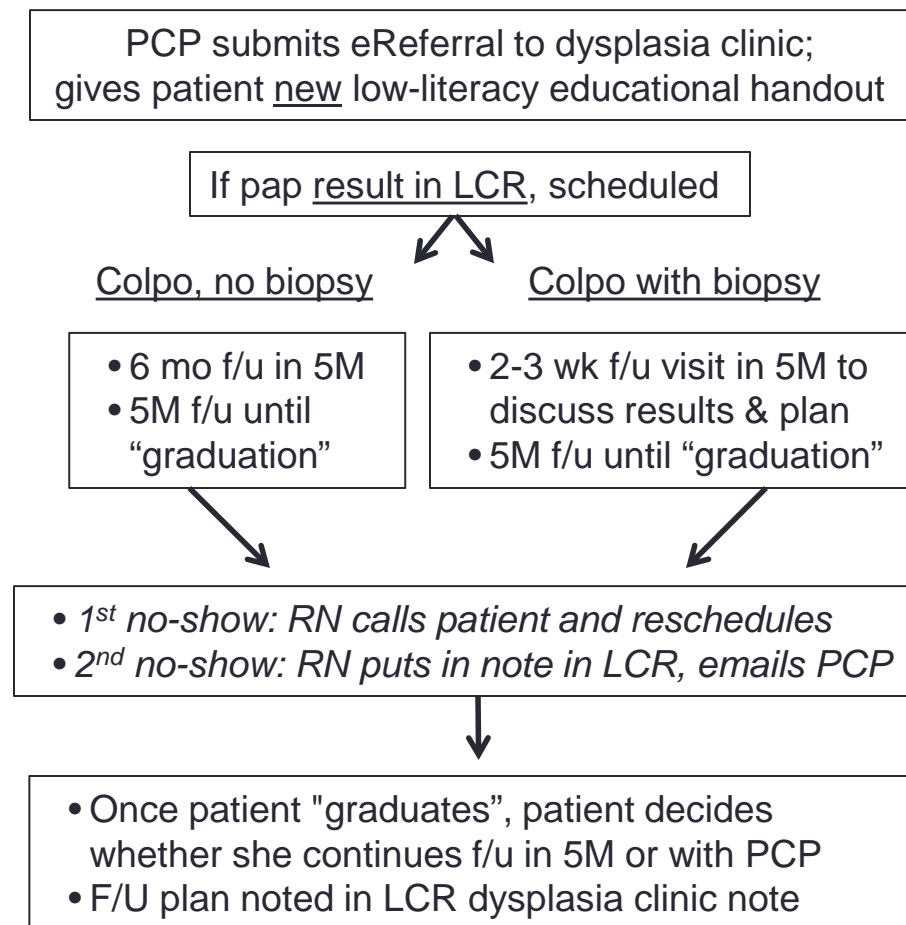


# Care coordination for high risk patients

## UROLOGY REGISTRY

- Prostate cancer active surveillance
- i2i tracks software
- Patients identified by CPT
- Metrics
  - PSA screening q 6 months
  - Prostate biopsy yearly
- Urology panel manager identified
- N= 100 patients

## GYNECOLOGY – PC HANDOFF



# Enhancing PC capacity with education

## Making It Work: Lifestyle Strategies and Clinical Tools for Diabetes, Obesity and Atherosclerosis Friday, May 6<sup>th</sup>, 2011

8:00a – 8:30a	Registration/Breakfast
8:30a – 8:50a	Welcome/Introductory Remarks <i>Elizabeth Murphy, MD, DPhil</i>
8:50 – 9:20	The Power of Therapeutic Lifestyle Change <i>Thomas Bersot, MD</i>
9:20 – 10:10	Practical Nutrition in the 15-minute Office Visit <i>Mikelle McCain, MPH, RD</i>
10:10 – 10:30	New Diabetes Tools and Resources <i>Elizabeth Murphy, MD, DPhil</i>
10:30 – 10:45	BREAK
10:45 – 11:45	Concurrent sessions: a) Aggressive Glycemic Control: Who needs it and who doesn't? <i>Elizabeth Murphy, MD, DPhil</i> b) Supporting Your Patients: Moving from oral agents to insulin. (Hands-on Learning) <i>Amalia Fyles, CNS, CDE, Elissa Hallen, RN, CDE, Charlotte Kuo, NP, and Audrey Tang, FNP.</i>
11:45 – 12:45	LUNCH HOUR
12:45 – 1:30	Breakout sessions a) Motivational Interviewing. <i>Susan Scheidt, Psy.D.</i> b) Thinking Outside the Box: Beyond the traditional 1:1 patient visit. <i>David Lown, MD</i> c) Improving Panel Management: Using your data. <i>Lisa Johnson, MD, and Lisa Golden, MD</i> d) Development of the DM RN Care Manager Role. <i>Amalia Fyles, CNS, CDE, and Elissa Hallen, RN, CDE.</i>
1:30 – 2:00	Clinic groups meet: formulating action plans.
2:00 – 2:45	Making the Most of SMBG. <i>Lawrence Fisher, Ph.D.</i>
2:45 – 3:00	Psychological Insulin Resistance: Addressing barriers. <i>Amalia Fyles, CNS, CDE.</i>
3:00 – 3:50	Hormone Replacement Therapy...Insulin, is it for everybody? <i>Kim Higgins, RN, CDE.</i>
3:50 – 4:10	Applying the Insulin Algorithm. <i>Suneil Koliwad, MD</i>
4:10 – 4:20	Closing <i>Elizabeth Murphy, MD, DPhil</i>



Presented by the Orthopaedic Trauma Institute  
and supported by the San Francisco Health Plan

### Musculoskeletal Education Course for Primary Care Providers 2014

Intended for Primary Care Providers, this course reviews the evaluation and management of common orthopedic problems in the ambulatory setting, highlights the recent advances in musculoskeletal care, and facilitates improved referrals to the orthopaedic surgery service.

#### SESSIONS:

- New Topic!** February 27, 2014, Diagnosis and Treatment of Common Shoulder Conditions  
**New Date and Topic!** March 25, 2014, Diagnosis and Treatment of Common Foot and Ankle Conditions  
**New Date and Topic!** April 22, 2014, Orthotics and Prosthetics  
**New Date and Topic!** May 20, 2014, Diagnosis and Treatment of Common Hand & Wrist Conditions  
**New Date and Topic!** June 24, 2014, Management of OA of the Hip and Knee  
**New Date!** July 22, 2014, Knee Injuries: Diagnosis and Management  
**New Topic!** August 26, 2014, Musculoskeletal Radiology 101  
**New Date and Topic!** September 23, 2014, Knee & Shoulder Injections Lab  
**New Date!** October 21, 2014, Treatment of Common Fractures in the Ambulatory Setting  
**New Topic!** November 20, 2014, Management of Osteoporosis and Fragility fractures

#### REGISTRATION:

Please email Erin Simon at [simone@orthosurg.ucsf.edu](mailto:simone@orthosurg.ucsf.edu) to register for the course(s).  
Each course has a maximum of 60 participants.  
The cost is complimentary and includes light refreshments and snacks.

#### LOCATION/TIME:

All sessions will be held, 6-8pm, at OTI.  
Orthopaedic Trauma Institute (OTI) at SFGH  
2550 23rd Street, Building 9,  
2nd Floor Conference Room,  
San Francisco, CA

#### ACCREDITATION:

American Academy of Family Physicians has approved the course for CME credit and Dr. Anne Rosenthal will make a few announcements about this during opening remarks.

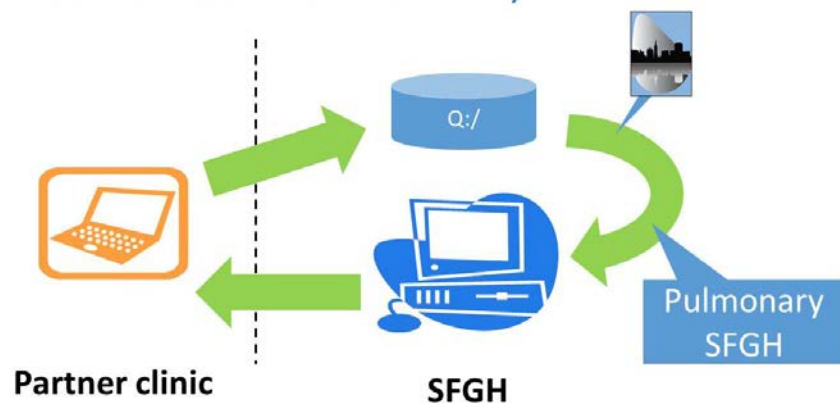
#### FOR MORE INFORMATION:

Please log onto - <http://orthosurg.ucsf.edu/oti>  
or email Erin Simon at [SimonE@orthosurg.ucsf.edu](mailto:SimonE@orthosurg.ucsf.edu)

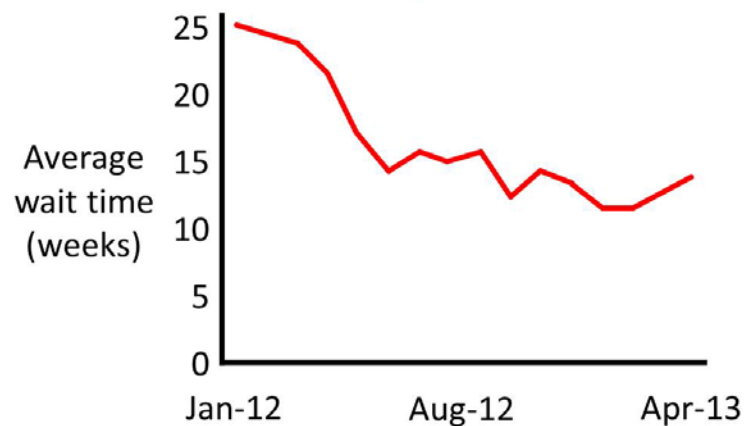
# Hospital to community: spirometry

- Off-load PFT lab
- Store-and-forward file delivery
- Quality assurance provided by SFGH staff: poor results returned and reviewed with coach; real time support provided via videoconference
- Interpretations and results posting to EMR
- >1,300 reviewed, >800 posted since October 2011

## Networked test delivery



## SFGH PFT laboratory wait times



# KP Specialty Care Initiative Team

## STEERING COMMITTEE

Organization	Name	Role
SFGH	Alice Chen, MD, MPH	Project Lead, SFGH Chief Integration Officer, eReferral Director
SFCCC	David Lown, MD, MA	Chief Medical Officer
COPC	Lisa Johnson, MD	Medical Director
SFGH	Delphine Tuot, MD, MAS	Evaluation Lead
SFGH	Justin Sewell, MD, MPH	Gastroenterology Clinic
SFGH	Elizabeth Murphy, MD, DPhil	Chief, Endocrinology
SFGH CIAQ	Kiren Leeds	Project Coordinator

## ENDOCRINOLOGY WORK GROUP

Role	Name	Clinic
Specialty Lead	Elizabeth Murphy, MD, DPhil	Endocrinology
Specialty Co-Lead	Jennifer Park-Sigal, MD	Endocrinology
SFCCC	Kenneth Tai, MD	North East Medical Services
COPC	Lisa Johnson, MD	Medical Director
SFGH Campus Clinics	Hali Hammer, MD	SFGH Family Health Center
Evaluation Lead	Delphine Tuot, MD, MAS	Nephrology

## PULMONARY WORK GROUP

Role	Name	Clinic
Specialty Lead	George Su, MD	Pulmonary
SFCCC	Peter Berman, MD, MPH	South of Market Health Center
COPC	Lisa Johnson, MD	Medical Director
SFGH Campus Clinics	Katie Murphy, MD	SFGH Family Health Center
Evaluation Lead	Hilary Seligman, MD, MAS	Nephrology

## GI WORK GROUP

Role	Name	Clinic
Specialty Lead	Justin Sewell, MD, MPH	Gastroenterology
Specialty Co-Lead	Lukejohn Day, MD	Gastroenterology
SFCCC	Ricardo Alvarez, MD	Mission Neighborhood Health Center
COPC	Albert Yu, MD, MPH, MBA	Chinatown Public Health Center
SFGH Campus Clinics	Alice Chen, MD, MPH	SFGH General Medicine Clinic
Evaluation Lead	Delphine Tuot, MD, MAS	Nephrology

## ORTHOPAEDIC SURGERY WORK GROUP

Role	Name	Clinic
Specialty Lead	Theodore Mclau, MD	Chief, Orthopaedic Surgery
Specialty Co-Lead	Harry Jergesen, MD	Orthopaedic Surgery
Specialty Co-Lead	Saam Morshed, MD	Orthopaedic Surgery
Specialist	Brenda Stengele, NP	Orthopaedic Surgery
SFCCC	David Lown, MD, MA	Chief Medical Officer & St. Anthony Medical Clinic
COPC	Trudy Singzon, MD, MPH	Maxine Hall Health Center
SFGH Campus Clinics	Margot Kushel, MD	SFGH General Medicine Clinic
SFGH	Dana Nelson, RN	Nurse Manager, Orthopaedic Surgery, 4M, EKG
SFGH	Juliann Fusaro, RN, MSN, CNL	Orthopaedic Surgery
SFGH	Terry Dentoni, RN, MSN, CNL	Chief Nursing Officer
Evaluation Lead	Delphine Tuot, MD, MAS	Nephrology

SFGH: San Francisco General Hospital

COPC: SF Department of Public Health Community Oriented Primary Care

SFCCC: San Francisco Community Clinic Consortium

# BSCF Safety Net Integration Team

## STEERING COMMITTEE

Organization	Name	Role
SFGH	Benjamin Breyer, MD	Urology Lead
SFGH	Alice Chen, MD, MPH	Project Co-Lead, SFGH Chief Integration Officer
SFGH	Rebecca Jackson, MD	Obstetrics and Gynecology Lead
COPC	Lisa Johnson, MD	Medical Director
SFCCC	David Lown, MD, MA	Project Lead, SFCCC Chief Medical Officer
SFGH	Delphine Tuot, MD, MAS	Evaluation Lead , Nephrology Co-Lead
SFGH CIAQ	Kiren Leeds	Project Coordinator

## NEPHROLOGY WORK GROUP

Role	Name	Clinic
Specialty Lead	Sam James, MD	Nephrology
Specialty Co-Lead and Evaluation Lead	Delphine Tuot, MD, MAS	Nephrology
SFCCC	Laurence Peiperl, MD and Nicole Una, NP	Glide Clinic
COPC	Elsa Tsutaoka, MD	Southeast Health Center
SFGH Campus Clinics	Elizabeth Davis, MD	General Medicine Clinic

## UROLOGY WORK GROUP

Role	Name	Clinic
Specialty Lead	Benjamin Breyer, MD	Urology
SFCCC	Jerry Jew, MD	North East Medical Services
COPC	Heralio Serrano, MD	Castro-Mission Health Center
SFGH Campus Clinics	Jacqueline Tulsky, MD	Positive Health Program
Evaluation Lead	Delphine Tuot, MD, MAS	Nephrology

## OB/GYN WORK GROUP

Role	Name	Clinic
Specialty Lead	Rebecca Jackson, MD	Chief, Obstetrics and Gynecology
SFCCC	Rosalia Mendoza, MD	Mission Neighborhood Health Center
COPC	Sandy Wu, NP	Silver Avenue Health Center
SFGH Campus Clinics	Isabel Lee, MD	Family Health Center
Evaluation Lead	Delphine Tuot, MD, MAS	Nephrology

Ambulatory Integration Team

Luke Day

Kathryn Horner

Marika Russell

SFGH: San Francisco General Hospital

COPC: SF Department of Public Health Community Oriented Primary Care

SFCCC: San Francisco Community Clinic Consortium

# SPECIALTY OPERATIONS

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developing systems to support specialty clinic improvements

# Needs assessment

- Assessment of current state, strengths, and challenges
- Included 26 medical and surgical clinics
- Analysis included
  - Baseline operational data
  - Clinic leadership interviews
  - Patient perspectives

## NEEDS ASSESSMENT OF SFGH MEDICAL & SURGICAL SUBSPECIALTY CLINICS

*Prepared by:*

THE SFGH AMBULATORY INTEGRATION TEAM

*Authors:*

Lukejohn Day, Kathryn Horner, Marika Russell,  
George Su, and Alice Chen



# Needs assessment findings

## STRENGTHS

- Locally, nationally and internationally recognized for patient care, research and teaching
- Working on innovative and cutting edge ways in which to deliver healthcare
- Strong commitment to caring for the underserved of San Francisco
- Dedicated to educating future healthcare providers

## CHALLENGES

- Space
- IT infrastructure
- Human resources/staffing
- Interpreter services
- Scheduling templates
- High and unpredictable no-show rate
- Care coordination



# Action plans

## DATA-DRIVEN IMPROVEMENT

- Need for timely, relevant, actionable data
- **Data dashboards**
  - Operational
  - Patient experience
  - Clinical
  - Financial

## OPERATIONAL EFFICIENCIES

- Standardizing scheduling templates
- Standardizing telephone trees
- Improving access to interpreter services
- Decreasing no show rates

# Action plans

## SERVICE EXCELLENCE

- Move from reactive patient grievances to systematic assessment of patient experience
- **CG-CAHPS**
- Poker chip project
- Patient shadowing

## HEALTH REFORM

- **Focus on timely access**
- Implementation of “pay for performance” programs
- **Promote development of integrated delivery system**
  - Increased transparency about clinical services (internet)
  - Improved communication across clinical services (eCW implementation)

# Ambulatory internet

## SAN FRANCISCO HEALTH NETWORK AMBULATORY SERVICES

Improving system communication

Diagnostics & Pharmacy

Medical Subspecialties

Primary Care

Supportive Services

Surgical Specialties

Urgent & ED Care

Home



- Anesthesia Pre-operative Clinic
- Breast Clinic
- Burn and Wound Clinic
- General Surgery / Trauma
- ISIS and Minor Procedures Clinic
- Neurosurgery
- Ophthalmology
- Oral & Maxillofacial Surgery
- Orthopaedic Services
- Otolaryngology (ENT)
- Plastic Surgery
- Urology
- Vascular Surgery

- About us
- Information for Patients
- SFGH Anesthesia Preop Clinic - Information for Providers

### Gastroenterology / Hepatology

The SFGH GI Division provides a full array of outpatient and inpatient services to patients within the CHN. We have leading experts in the field of both gastroenterology and hepatology and deliver care in an integrative and collaborative approach. We provide consultation on a full spectrum of GI and liver related diseases including patients with acute and chronic liver disease, inflammatory bowel disease, chronic abdominal pain/dyspepsia, AIDS-related GI and liver problems, biliary tract disease, viral hepatitis and disorders of the esophagus and colon/anorectum. To complement our consultative services we also offer a full spectrum of endoscopic services including: EGD, colonoscopy, sigmoidoscopy, advanced endoscopy (ERCP, EUS, balloon enteroscopy), capsule endoscopy, motility/manometry, and 24-hour pH monitoring.

#### Leadership:

...



Emails

Search

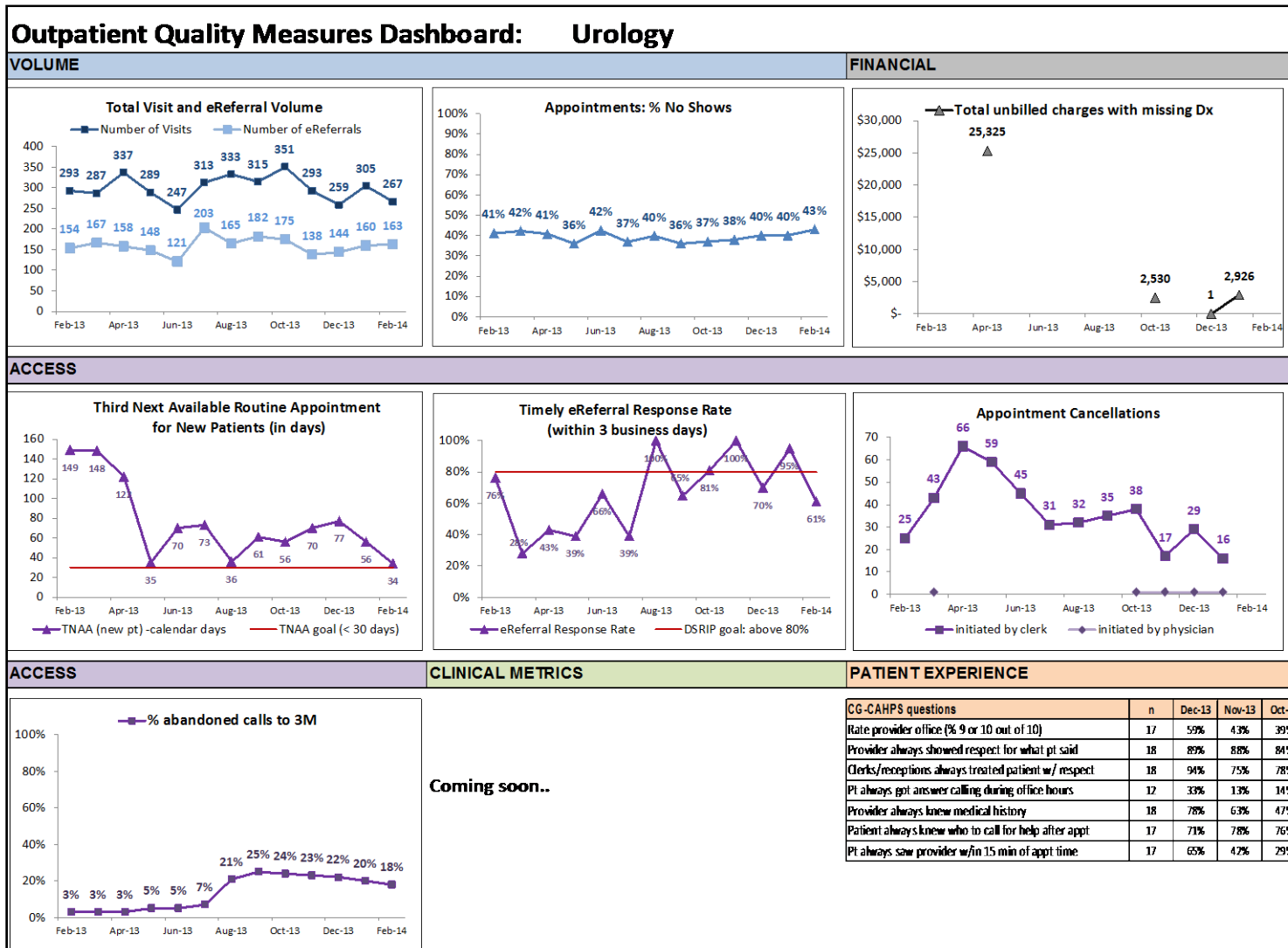
Type in and hit enter to search

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#### Latest News

- ⇒ [Musculoskeletal Education Course for Primary Care Providers 2014](#) April 17, 2014
- ⇒ [Join us for 3M Surgery Clinic and Radiology's Report Out - 4/18 @ 9am](#) April 17, 2014
- ⇒ [Additional Info - ANTHEM BLUE CROSS MEDI-CAL PHARMACY NETWORK CHANGE](#) April 17, 2014
- ⇒ [Let's Meet the Community Wellness Program](#) April 14, 2014

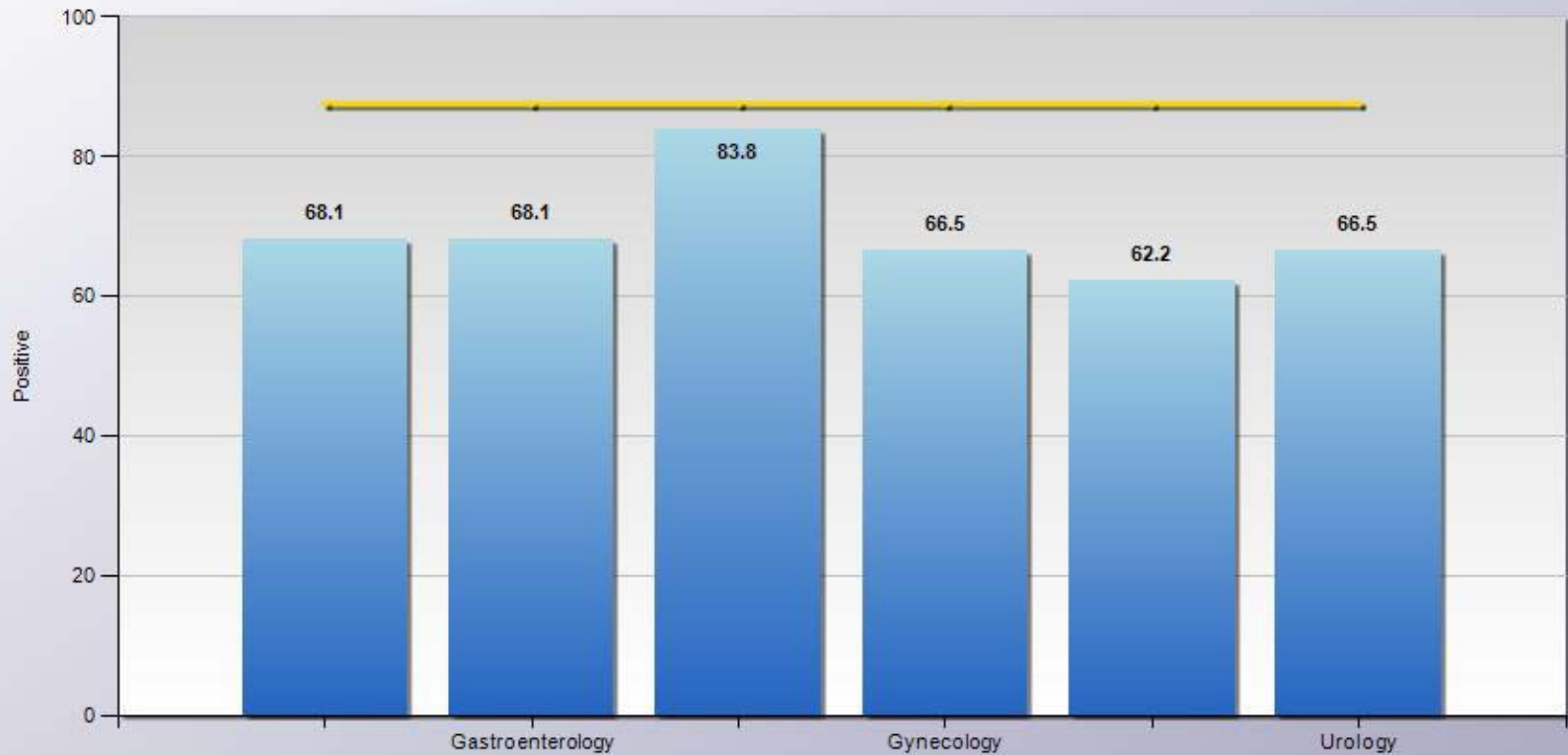
# Specialty dashboards



# CG-CAHPS

## CGs-A: Would Recommend provider

April, 2013 to November, 2013



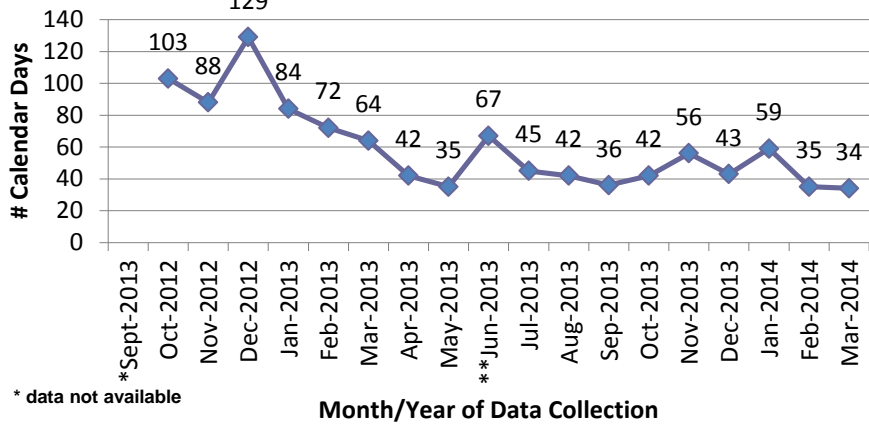
Response rates: 28% 32% 36% 24% 24% 30%

Score NRC Average (87.5)

# Timely access successes

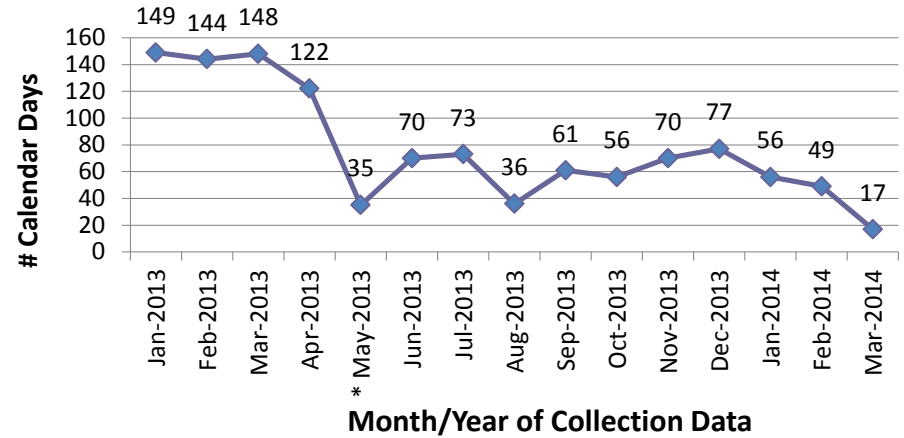
## CARDIOLOGY

### Next 3rd Available New Patient Appointment



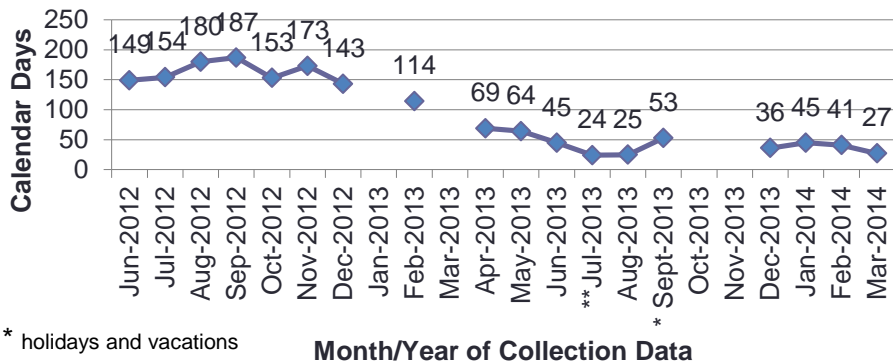
## UROLOGY

### Next 3rd Available New Patient Appointment



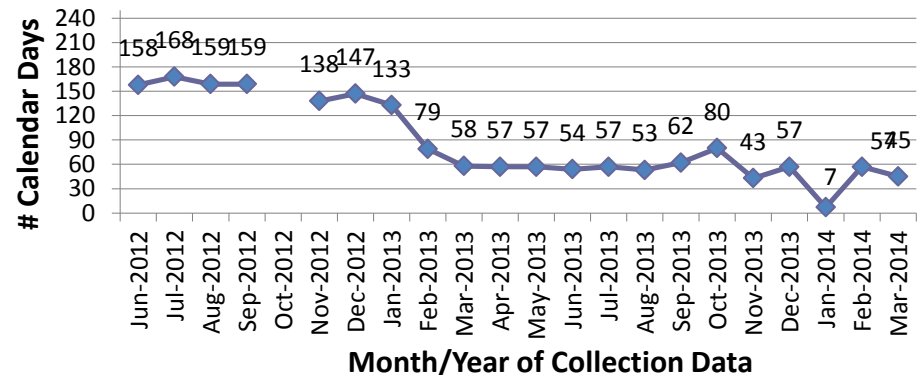
## HEMATOLOGY

### Next 3rd Available New Patient Appointment



## NEUROLOGY

### Next 3rd Available New Patient Appointment



# Timely access ongoing challenges

## Consistently >60 days

- Dermatology\*
- Nephrology
- Ophthalmology\*
- Orthopedics
- (Pain)
- (Plastics)

\* *telehealth planned*

## Consistently >120 days

- Audiology
- Echocardiography
- Exercise treadmill
- Pulmonary function tests

# Performance improvement program



## Attachment 1: Overview of PIP Measures, Due Dates and Points

CPG Matrix of Measures				
Domain	Measure	Max Pts	Reporting	Annual Due Date



# eCW implementation

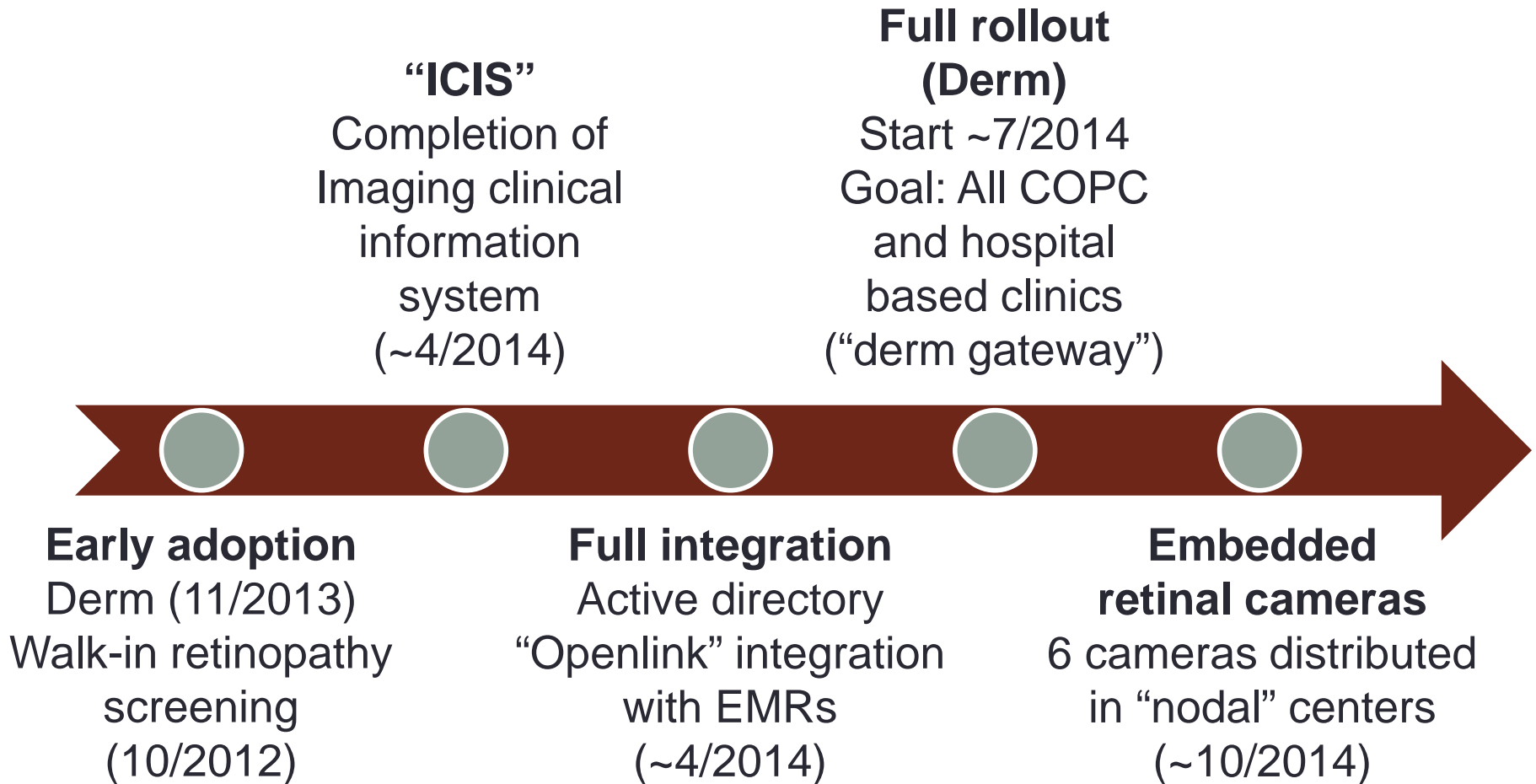
## “LIVE” WITH eCW

- Cardiology
- Diabetes
- Dermatology
- Endocrinology
- Gastroenterology
- Hepatology
- Lipid
- Nephrology
- Pain
- Pulmonary
- Rheumatology

## TO BE LAUNCHED

- General surgery
- Hematology
- Neurology
- Neurosurgery
- Oncology
- Ophthalmology
- Oral surgery
- Orthopedics
- Otolaryngology
- Urology
- Women’s health

# Telehealth initiatives



# Teledermatology

- Dermatology wait times 71-101 days
- Up to 70-80% of referred cases can be managed with photos
- OPHC and CPHC early adopter clinics (11/2013)
- Currently establishing resource and support requirements for full SFHN rollout

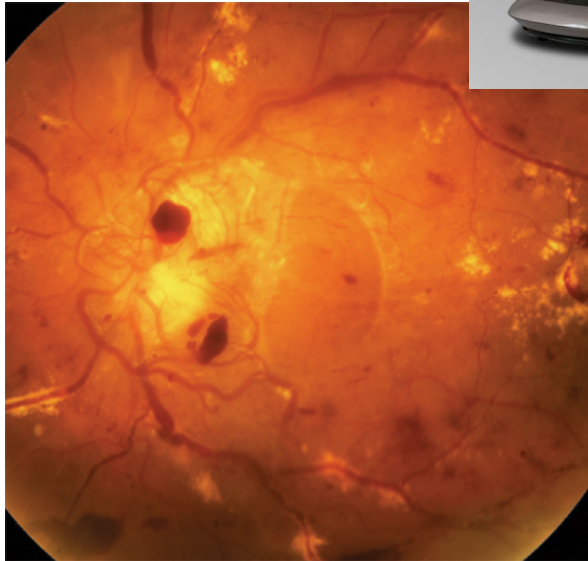
**Medweb**<sup>®</sup>  
Distributed RIS/PACS and Telemedicine



# Teleretinopathy

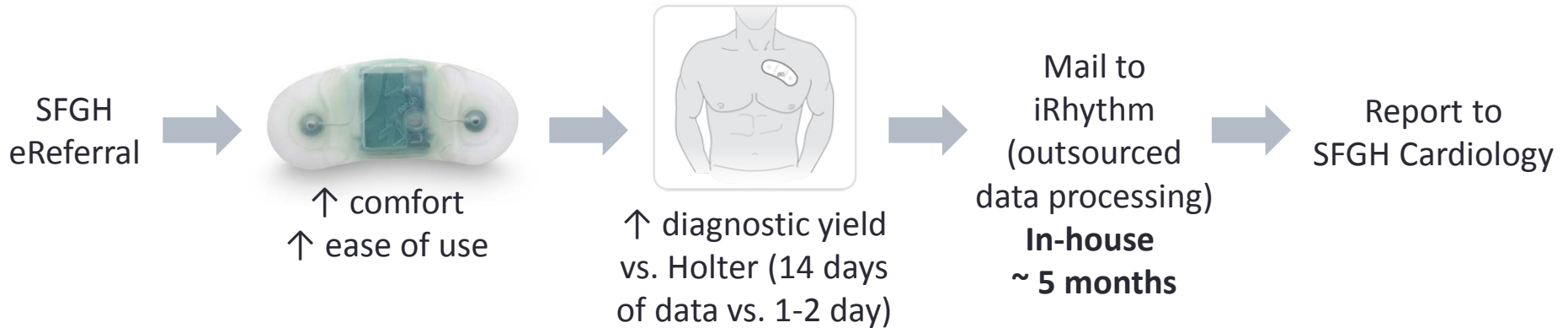
 **optos**<sup>®</sup>

**OIS** 

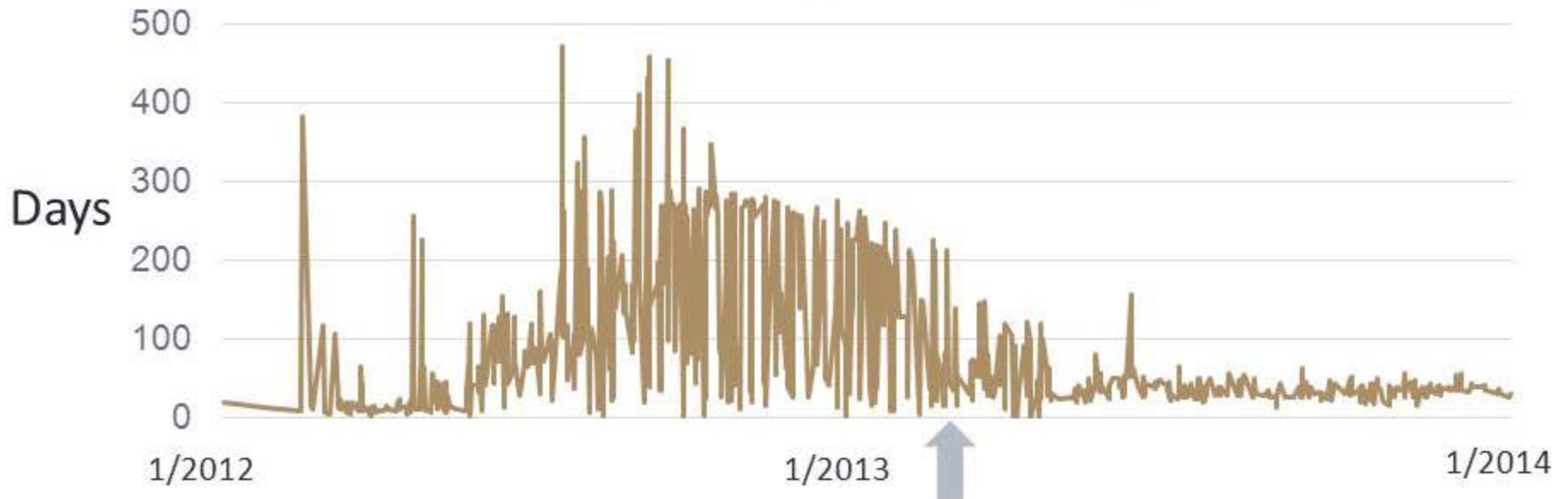


- Optometry wait 65-85 days
- Diabetic retinopathy is the leading cause of blindness among working-age adults
- Early detection and treatment can reduce vision loss by 90%
- Walk-in service debut 10/2012; over 160 studies performed to date
- 6 Optos cameras will be embedded in PC for point-of-service imaging

# Specialty diagnostics: Zio Patch



Time from test application to report



# LOOKING FORWARD

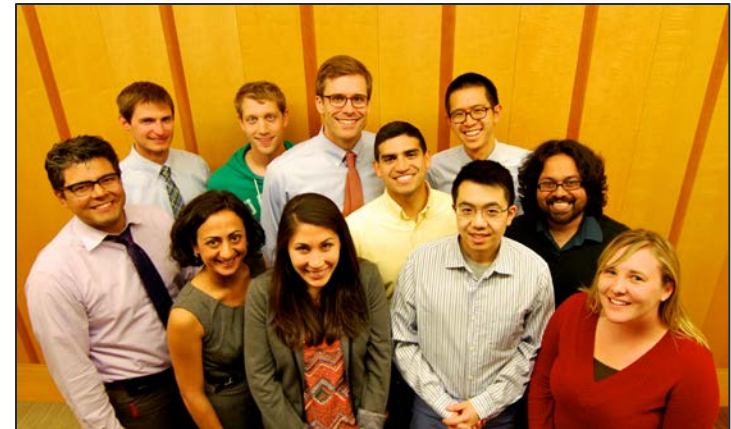
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priority areas in the era of the San Francisco Health Network

# SF CARES

Strategy for Coordinating Access &  
Resources for Excellence in Specialties

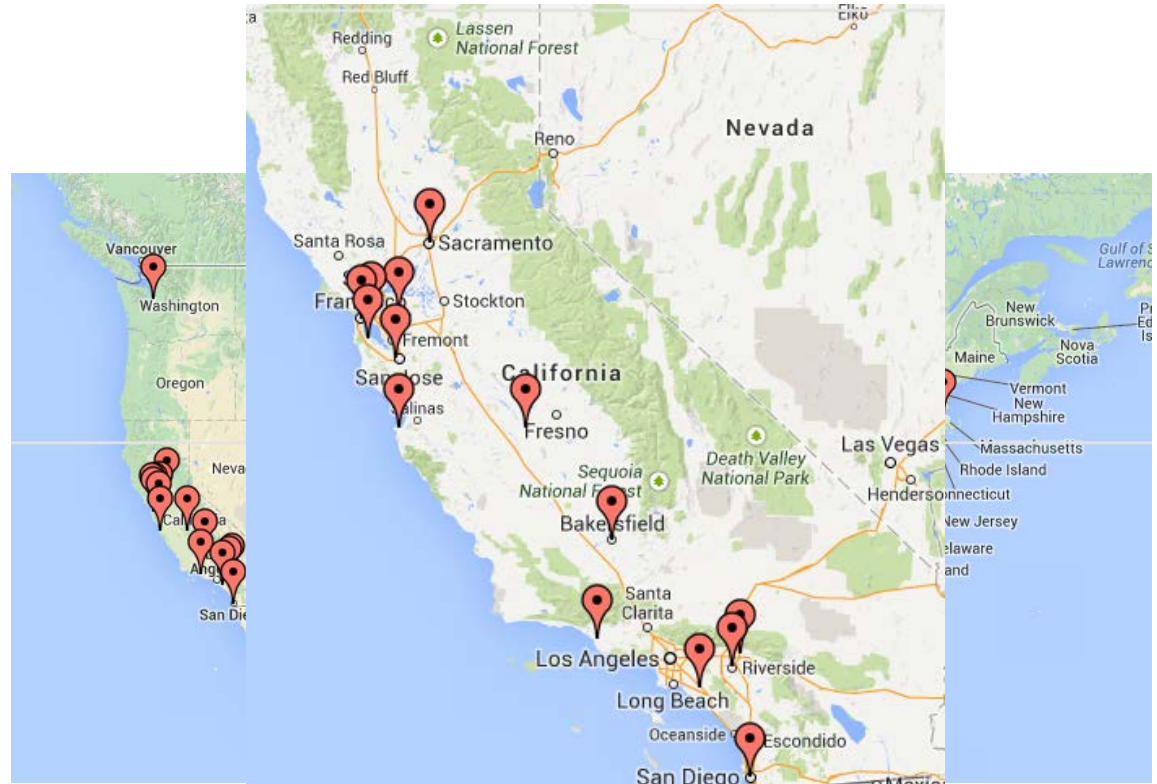
Optimizing Ambulatory  
Specialty Care in  
the Safety Net





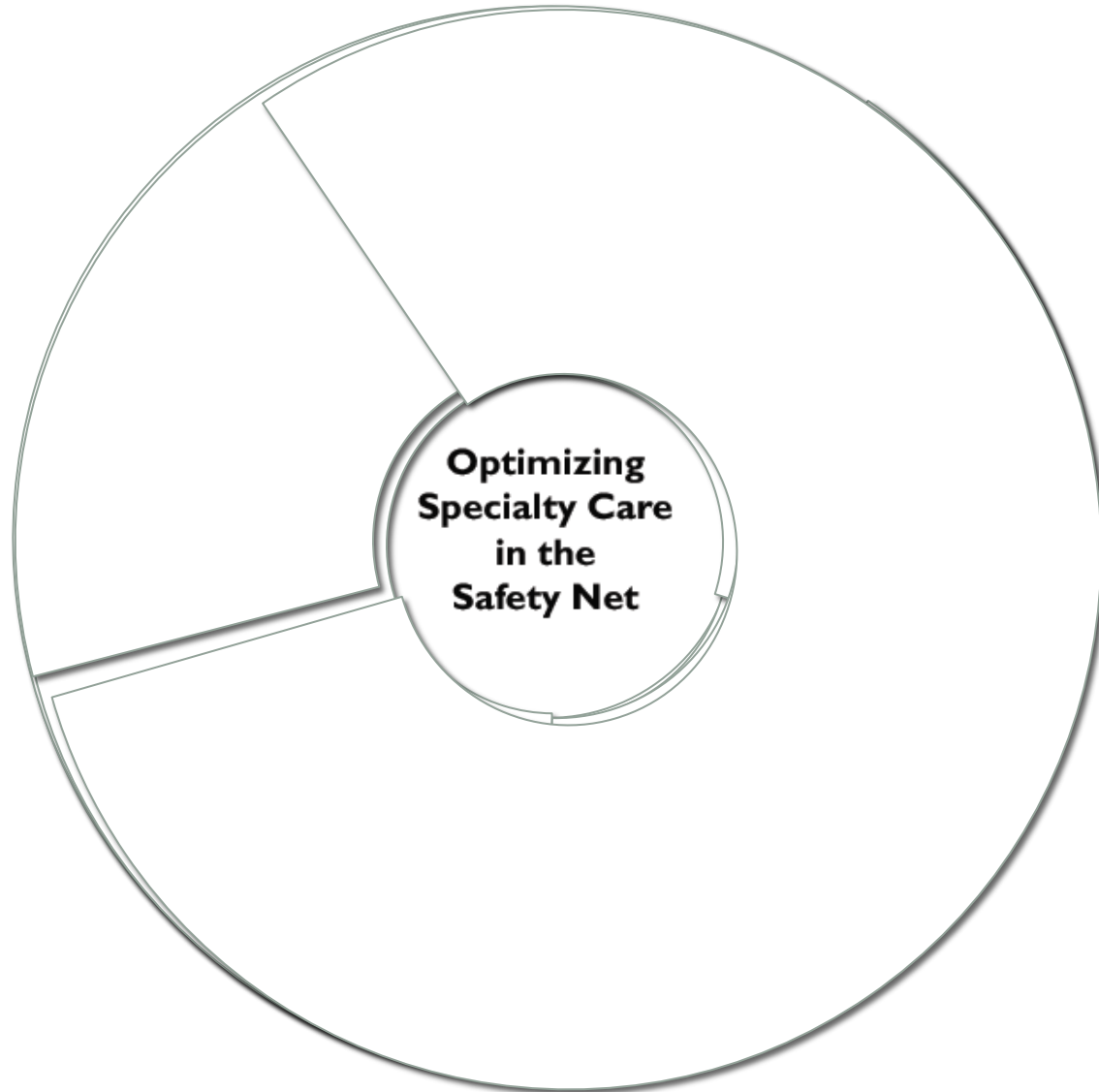
# Methods

- 31 hospitals,  
18 respondents
- Semi-structured  
phone interviews
- Quantitative survey
- Themes extracted  
from interview  
transcripts





# A Comprehensive Approach to Optimizing Specialty Care



# Taking stock 2013

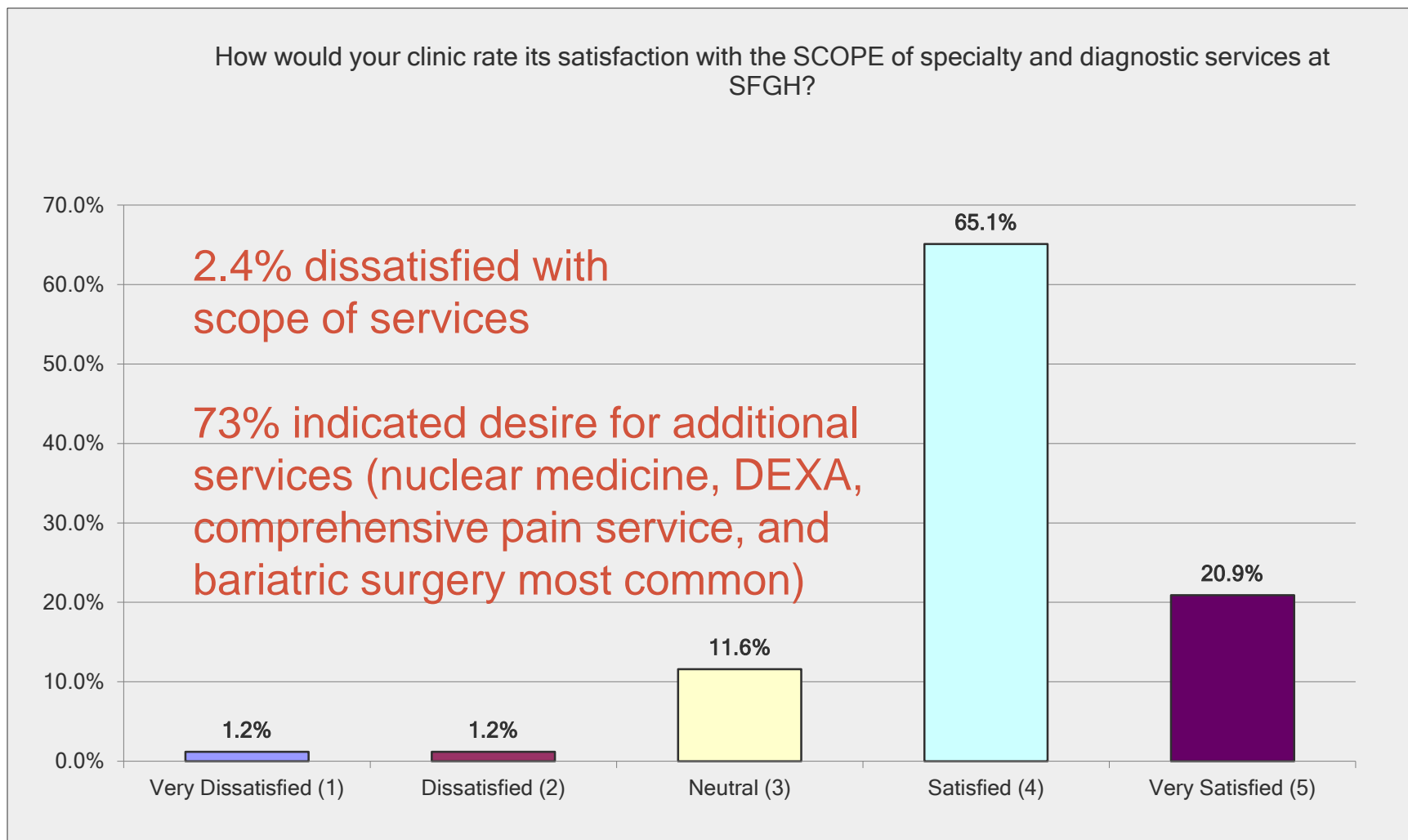
## REFERRING PROVIDERS

- 87 respondents
- 20 clinics represented
- Scope
- Access/wait times
- Communication

## SPECIALIST PROVIDERS

- 42 respondents,  
MD and RN
- 28 clinics represented
- Barriers to serving  
insured patients

# Referring provider survey



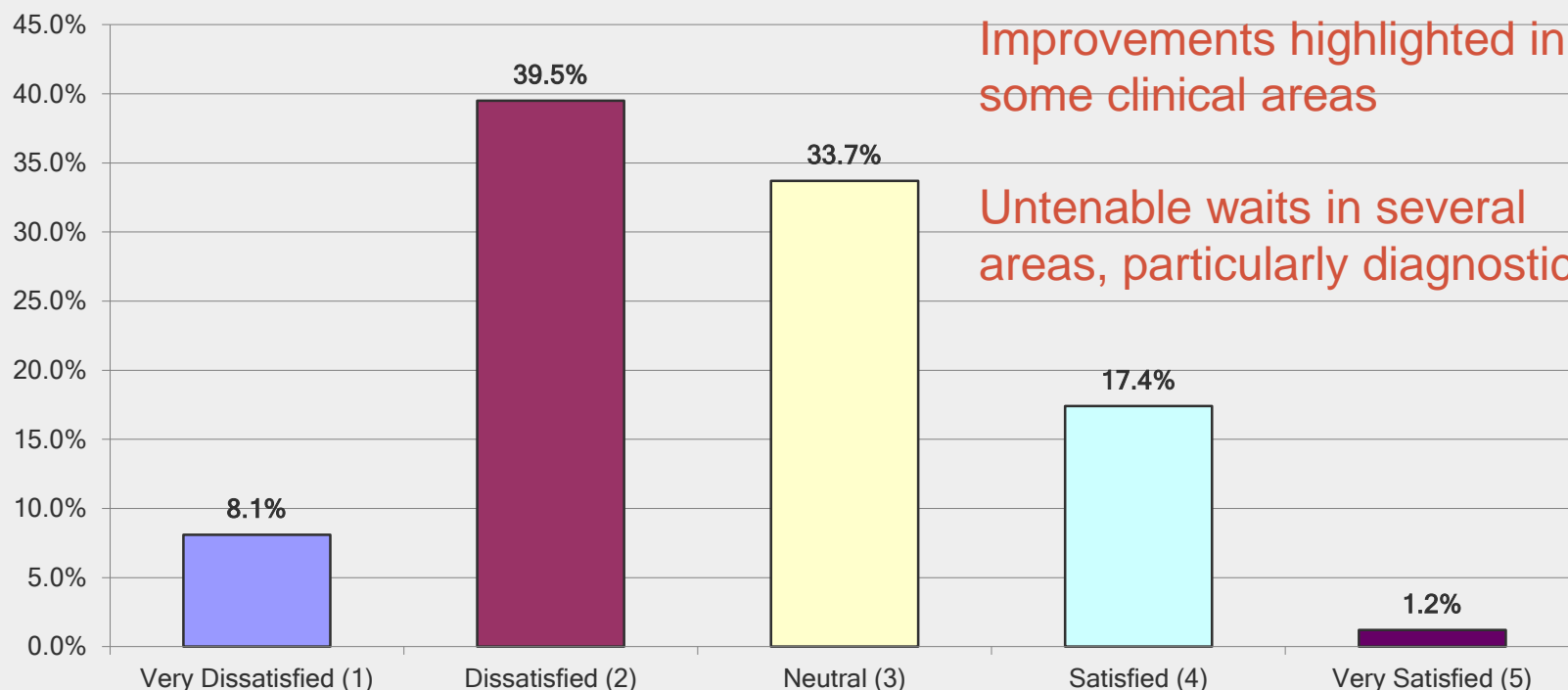
# Referring provider survey

How would your clinic rate its satisfaction with the overall ACCESS (e.g. wait times) to specialty and diagnostic services at SFGH?

48% dissatisfied with access

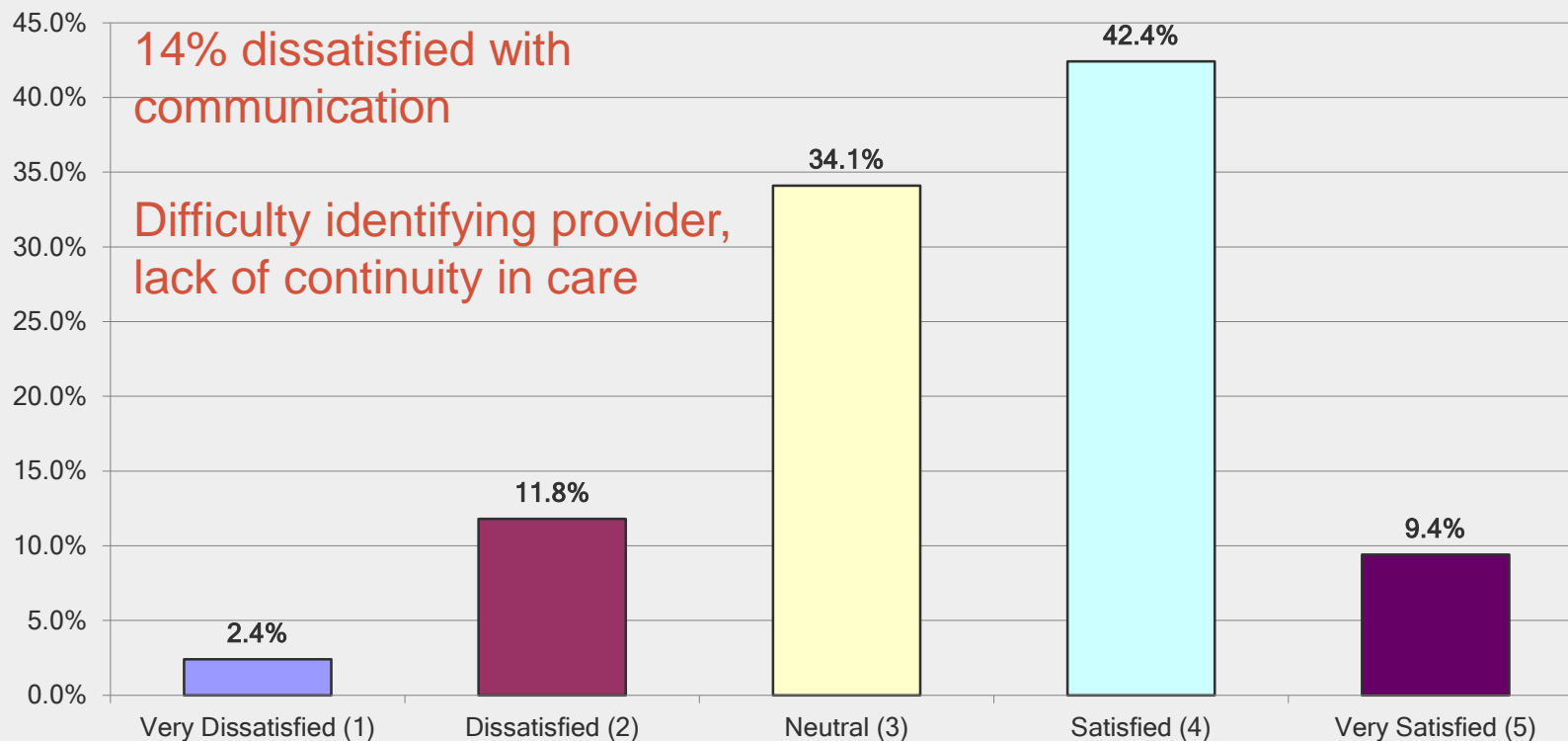
Improvements highlighted in some clinical areas

Untenable waits in several areas, particularly diagnostics



# Referring provider survey

How would your clinic rate its satisfaction with the overall COMMUNICATION with specialists at SFGH?



# Specialist survey

## Barriers to providing care to privately insured

- Insufficient space
- Insufficient attending/provider staffing
- Insufficient support staff
- Poor physical plant
- Long wait times
- OR limited capacity/long wait times
- Lack of billing infrastructure
- Service excellence/attitudes towards patients
- Negative perceptions of county hospital

# Key priorities



- eCW implementation, optimization, and MU attestation
- Spread of CG-CAHPS, provider scheduling and telephone access
- Focus on no shows
- Ongoing access work with targeted clinics
- Establishing medical director for every clinic
- Access to diagnostics
- More, better data to drive improvement and proactive planning
- eReferral replacement
- Rational co-location of services in building 5

# Team



**Alice Chen**, Chief Integration Officer

**Luke Day**, Medical Director Medical Subspecialties

**Kathryn Horner**, Administrative Director for Ambulatory Care

**Kiren Leeds**, CIAQ Manager

**Tekeshe Mekonnen**, eReferral Program Manager

**Lisa Murphy**, eReferral Specialty Lead

**Marika Russell**, Medical Director Surgical Subspecialties

**Justin Sewell**, CIAQ/eReferral faculty

**George Su**, Medical Director Telehealth

**Delphine Tuot**, CIAQ/eReferral faculty, lead evaluator



# THANK YOU!

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Blue Shield of California Foundation

California HealthCare Foundation

Kaiser Permanente Community Benefit

San Francisco Health Plan

SFGH Foundation